

Virginia Western Community College**OCT 299
Supervised Study (Senior Seminar)****Prerequisites: OTA Program placement****Course Description:**

Assigns problems for independent study incorporating previous instruction and supervised by the instructor. May be repeated for credit. Variable hours. 1-5 credits. Examines a range of topics critical for professional development including national credentialing and state-specific requirements, advocacy efforts and professional organizations, participation in fieldwork education, and understanding the influence of contextual trends on the OTA profession.

Semester Credits: 1

Lecture Hours: 1

Required Materials

Textbooks:

1. The American Occupational Therapy Association. (2020). *Occupational therapy practice framework: Domain & process*. (4th ed.). AOTA Press.
2. Napier-Tibere, B., & Haroun, L. (2025). *Occupational therapy fieldwork survival guide: A student planner* (3rd ed.). AOTA Press.

Other Required Materials:

1. American Occupational Therapy Association. (n.d.). AOTA's NBCOT Exam Prep – COTA, online. AOTA Press.

Course Objectives

1. Guide students in developing personalized professional development plans that align with occupational therapy standards and promote long-term growth, well-being, and advocacy. (SLO #1)
2. Facilitate student understanding of national credentialing and state-specific licensure requirements, ensuring clarity and application of legal frameworks in OTA practice. (SLO #2)
3. Facilitate student exploration of professional organizations and advocacy efforts, fostering engagement with key resources and leadership within the occupational therapy community. (SLO #1)
4. Present competency-based supervision practices for OTA students and non-OT personnel to demonstrate legal and professional expectations. (SLO #3)

Student Learning Outcomes

At the completion of this course, the student will:

1. Create and implement a plan to address individualized personal and professional responsibilities that are consistent with current accepted standards in occupational

therapy practice and long-term professional goals including personal well-being, advocacy related to clients, occupational therapy, or the role of the occupational therapist or occupational therapy assistant, long-term career objectives, and a strategy to evaluate, refine, and update the plan over time. (ACOTE B.2.9.)

2. Demonstrate knowledge of applicable national requirements for credentialing and requirements for licensure, certification, or registration consistent with federal and state laws. (ACOTE B.4.5.)
3. Define effective, competency-based legal and ethical supervision of occupational therapy assistant students and non-occupational therapy personnel. (ACOTE B.4.9.)

Major Topics to be Included

- Fieldwork analysis and contextual factors
- Self-assessment and professional growth
- Professional development and planning
- Legal requirements to practice as an OTA
- Ethical and legal supervision practices
- Communication and professional collaboration

[ADA Statement](#) (PDF)

[Title IX Statement](#) (PDF)