

Virginia Western Community College**OCT 220
Occupational Therapy for the Adult****Prerequisites: OTA Program placement****Course Description:**

Reviews normal changes related to aging and factors contributing to dysfunction. Analyzes intervention strategies for common problems, including wellness programs and home modifications. Reviews relevant legislation, continuum of care and caregiver issues.

Semester Credits: 2

Lecture Hours: 2

Required Materials:Textbooks:

Loman, H., Shaffer, A., & Watford, P. (2024). *Occupational therapy with older adults: Strategies for the OTA*. Elsevier.

Course Objectives

1. Provide instruction on the physiological and psychosocial aspects of aging, emphasizing the distinction between normal aging processes and dysfunctions that require occupational therapy intervention. (SLO #1, 2)
2. Facilitate the exploration and application of evidence-based intervention strategies, including wellness programs and home modifications, to support functional independence in older adults. (SLO #2, 8)
3. Guide students in analyzing caregiver roles and challenges, and in identifying appropriate support systems across diverse care settings. (SLO #3)
4. Introduce relevant legislation and policy frameworks that impact service delivery for the aging population, with a focus on the continuum of care and advocacy for quality services. (SLO #4, 5, 6)
5. Support the integration of technology in occupational therapy practice, including the use of electronic documentation, virtual environments, and telehealth tools to enhance service delivery. (SLO #7)

Student Learning Outcomes

At the completion of this course, the student will:

1. Recognize and differentiate between normal aging processes and signs of dysfunction requiring intervention.
2. Classify common age-related dysfunctions and evaluate evidence-based intervention strategies, including wellness programs and home modifications.
3. Differentiate the roles, challenges, and support needs of caregivers in various care settings.
4. Identify the need and demonstrate the ability to participate in the development, support, promotion, and management of service delivery options. (ACOTE B.4.7.)

5. Examine the impact of relevant legislation on aging population and the delivery of care across the continuum.
6. Participate in ongoing processes for quality management and improvement (e.g., outcome studies analysis and client engagement surveys) and implement program changes as needed to demonstrate quality of services. (ACOTE B.4.8.)
7. Demonstrate knowledge of the use of technology in practice including electronic documentation systems, virtual environments, and telehealth technology. (ACOTE B.3.18.)
8. Evaluate and apply appropriate intervention strategies, including wellness programs and home modifications, to address common functional challenges in older adults.

Major Topics to be Included

- Normal aging processes
- Common age-related dysfunctions and interventions
- Wellness and health promotion in older adults
- Home modifications and environmental adaptations
- Legislation and policy affecting older adults
- Continuum of care for aging populations
- Caregiver roles and support systems
- Service delivery models and program development
- Quality management and program evaluation
- Ethical dilemmas in aging and end-of-life care

[ADA Statement](#) (PDF)

[Title IX Statement](#) (PDF)