

Virginia Western Community College**OCT 205
Therapeutic Media****Prerequisites: OTA Program placement**

Course Description: Develops proficiency in various crafts used as treatment modalities in occupational therapy. Emphasizes how to analyze, adapt and teach selected activities as well as how to equip and maintain a safe working environment.

Semester Credits: 3

Lecture Hours: 2

Lab Hours: 3

Required Materials

Materials provided in class.

Course Objectives

1. Provide instruction and hands-on experiences in the use of various therapeutic media and crafts to enhance the students' understanding of their application in occupational therapy interventions. (SLO #1,5)
2. Facilitate the development of students' skills in analyzing, adapting, and grading therapeutic activities by integrating concepts of occupation, performance skills, performance patterns, context, and client factors. (SLO #2, 3, 6)
3. Provide instruction and guided practice in the safe and effective use of physical agent modalities. (SLO #4, 5)
4. Support a learning environment where students can practice using tools, equipment, and therapeutic agents while adhering to safety protocols and best practices. (SLO #4, 5)
5. Support students in developing clinical reasoning to select appropriate treatment modalities based on client case scenarios. (SLO #2, 6)

Student Learning Outcomes

At the completion of this course, the student will:

1. Examine various forms of therapeutic media useful to facilitate optimal occupational performance.
2. Demonstrate knowledge of and apply the interaction of occupation and activity, including areas of occupation, performance skills, performance patterns, context, and client factors. (ACOTE B.2.3.)
3. Demonstrate activity analysis in areas of occupation, performance skills, performance patterns, context, and client factors to implement the intervention plan. (ACOTE B.2.7.)
4. Define the safe and effective application of superficial thermal agents, deep thermal agents, electrotherapeutic agents, and mechanical devices as a preparatory measure to improve occupational performance, including

indications, contraindications, and precautions. (B.3.14.)

5. Demonstrate safety when using tools and equipment for physical agent modalities, construction of therapeutic media, and creation of assistive devices.
6. Discriminate activity analyses on various treatment modalities and occupational performance.

Major Topics to be Included

- Activity analysis
- Therapeutic media
- Physical agent modalities

[ADA Statement](#) (PDF)

[Title IX Statement](#) (PDF)