

Virginia Western Community College**OCT 201
Occupational Therapy with Psychosocial Dysfunction****Prerequisites: OTA Program placement**

Course Description: Focuses on the theory and application of occupational therapy in the evaluation and treatment of psychosocial dysfunction. Includes a survey of conditions which cause emotional, mental and social disability, as well as the role of the occupational therapy assistant in the assessment, planning and implementation of treatment programs.

Semester Credits: 3

Lecture Hours: 3

Required Materials

Textbooks:

1. The American Occupational Therapy Association. (2020). *Occupational therapy practice framework: Domain & process*. (4th ed.). AOTA Press.
2. Meyer, C. & Sasse, C.S. (2025). *Early's mental health concepts and techniques for occupational therapy* (6th ed.). Wolters Kluwer.

Course Objectives

1. Introduce theoretical foundations and historical perspectives of occupational therapy in the treatment of psychosocial dysfunction. (SLO #1)
2. Provide an overview of common emotional, mental, and social conditions that impact occupational performance across the lifespan. (SLO # 2)
3. Facilitate development of therapeutic communication strategies to support clients with emotional and social disabilities. (SLO # 3)
4. Support analysis of sociocultural, socioeconomic, and diversity, equity, and inclusion (DEI) factors in relation to occupational therapy practice. (SLO #4).

Student Learning Outcomes

At the completion of this course, the student will:

1. Recognize historical and theoretical foundations of occupational therapy in the treatment of psychosocial dysfunction.
2. Identify common emotional, mental, and social conditions that impact occupational performance throughout the lifespan.
3. Recognize therapeutic communication strategies to support clients with emotional and social disabilities.
4. Apply and analyze the role of sociocultural, socioeconomic, and diversity, equity, and inclusion factors, as well as lifestyles in contemporary society to meet the needs of persons, groups and populations. (ACOTE B.1.2.)

Major Topics to be Included

- History of mental health in occupational therapy
- Models of practice and frames of reference used in occupational therapy treatment
- Common psychological disorders and occupational therapy management of the disorders
- Planning therapeutic activities
- Intervention strategies
- Role of the OT and OTA in assessment, planning, and treatment

[ADA Statement](#) (PDF)

[Title IX Statement](#) (PDF)