

**VIRGINIA WESTERN COMMUNITY COLLEGE**  
**COURSE OUTLINE**  
**SDV 101 Orientation to Health Professions**  
**Spring Semester 2025**

**Prerequisites**

None

**Course Description**

Introduces students to the skills that are necessary to achieve their academic goals, to services offered at the college and to the discipline in which they are enrolled. Covers topics such as services at the college including the learning resources center; counseling, and advising; listening, test taking, and study skills; and topical areas that are applicable to their particular discipline. Introduces students to careers in health professions, career pathways and industry credentials.

This course will assist students in establishing a connection with the college using a small group format to acquaint students with other students. The course introduces students to the academic, personal and social skills necessary to achieve their academic goals, to services offered at the college and to the discipline in which they are enrolled. It covers topics such as goal setting, academic advising, listening, discipline specific writing skills, information literacy, academic honesty and topical areas that are applicable to their particular discipline. Explores transfer options for achieving academic goals.

**Semester Credits: 2**

**Lecture Hours: 2 per week**

**Required Materials**

1. College Catalog
2. Internet Access
3. Canvas

The following supplementary materials are available: Student Handbook

**Course Outcomes**

At the completion of this course, the student should be able to:

College Resources:

- The student will be able to navigate the available VWCC resources Career Exploration and Academic Planning:
- The student will complete the Career Exploration and Academic Planning Assignment
- Distinguish between university parallel/transfer and applied programs.
- Select the appropriate curriculum and electives within that curriculum based on their career goal(s).

Academic Skills:

- The student will identify the skills necessary to be successful in his/her academic program

Life Management:

- The student will demonstrate understanding of life management and complete a financial literacy project

#### Social/Interpersonal:

- The student will demonstrate understanding of social interactions
- Articulate ways individuals are diverse and how diversity impacts society.
- Begin to recognize social customs within diverse populations.
- Identify elements of effective communication.
- Understand the importance of listening and compassion within health careers.

#### Cross-cutting Health Professions skills:

- Recognize the importance appropriate language when speaking to other healthcare providers or patients/families.
- Understand the contribution of each health care member to the team or collaborative unit within healthcare.
- Understand various career pathways, advancements and employment opportunities within individual health careers.

#### Wellness:

- The student will demonstrate understanding of healthy life decisions

#### Career Readiness:

- The student will demonstrate the importance of accountability.
- The student will demonstrate accountability across workplace modalities.
- Conform to the expectations of a pre-professional and professional environment.
- Work as a productive and effective member of a team
- Define professional verbal and written communication

### **Topical Description**

You and Your College Experience

Writing in College

College Finances

Creative Thinking

Taking Care of Your Health

Discover Learning Styles

Listening, Taking Notes and Remembering

Preparing for and Taking Tests

Effective Communication and Living with Diversity

Career Exploration

- Associate of Applied Science (AAS) Degrees
  - Dental Hygiene
  - Medical Laboratory Technology
  - Nursing (RN)
  - LPN to RN (AAS Bridge)
  - Physical Therapist Assistant
  - Radiation Oncology
  - Radiography
  - Physical Therapy Assistant

- Surgical Technology
- Veterinary Technology
- Certificate
  - Practical Nursing (LPN)
- Career Studies Certificate (CSC)
  - Phlebotomy
  - Nurse Aide (CNA)
  - Computed Tomography (CT) Imaging
  - Magnetic Resonance Imaging (MRI)
  - Health Records Coding
  - Medical Billing
- Fast Track Certifications
  - Pharmacy Technician
  - Medical Assistant
  - Electrocardiography (EKG) Technician

#### Development of Heterotopic Bone Formation Case Study

Snapshot: The Diabetic Patient

Identify Career Concentration and Break Into Groups

Role of Individual Health Professions in Caring for Patient with Heterotopic Bone Formation

#### Career Advancement

Applied Programs and Transferability

Selection of Program and Curriculum

Program Pre-requisites and Electives

Career Pathways within Academic Plan

#### Standout Move Forward: Preparing for Professional Success

- Define accountability across workplace modalities, including remote, in-person, and hybrid
- Present workplace-appropriate behaviors to emulate demonstrating personal responsibility for: Punctuality, Performance, Attitude, Decisions, Actions, and Mistakes
- Conform to the expectations of a pre-professional and professional environment by being present in and prepared for the current task and by taking responsibility for all assigned tasks
- Work as a productive and effective member of a team
- Define professional verbal communication
- Model active listening skills
- Provide examples of clear and concise professional verbal communication
- Discuss cultural context for respectful and ethical professional verbal communication
- Demonstrate situationally appropriate professional verbal communication skills
- Establish the importance of appropriate and respectful language in the workplace
- Define professional written communication
- Discuss the importance of crafting clear, comprehensive, correct, and concise professional written communications
- Depict appropriate and inappropriate elements of professional written communication in the workplace including emails, cover letters, and memos
- Distinguish professional written communications from casual daily non-professional communications, including modern professional written communication methods

[ADA Statement](#) (PDF)

[Title IX Statement](#) (PDF)