

Virginia Western Community College

PSY 236

Adolescent Psychology

Prerequisites

None

VCCS Course Description

Studies development of the adolescent. Investigates physical, intellectual, social, and emotional factors of the individual from late childhood to early adulthood.

Semester Credits: 3

Lecture Hours: 3

Required Materials

Textbook

Internet Access

Learning Management System Access

Synchronous online sections: Video camera and audio

Textbook

Arnett, J. (2021). *Adolescence and Emerging Adulthood: A Cultural Approach*. 6th Edition. Pearson. Boston, MA. 978-0-134-59687-7

Other Required Materials:

None

VCCS Course Outcomes

Describe adolescent development as an ongoing developmental process or set of processes, involving both continuity and change by giving examples from literature, including physical, social, cognitive, and personality development.

Analyze different developmental events that occur in adolescence, from the perspective of major theories of development and recognize those theories when used by others to analyze events.

Explain how research contributes to the understanding of adolescent development: to evaluate and use research findings.

Explain important developmental concepts and be able to identify and apply these concepts in various situations.

Describe the development and progression of adolescent psychopathology.

VWCC Topical Descriptions

Introduction
Biological Foundations
Cognitive Foundations
Cultural Beliefs
Gender
The Self
Family Relationships
Friends and Peers
Dating, Love, and Sexuality
School
Work
Media
Adolescent Psychopathology and other Problems

Note to Instructors

None

[TITLE IX STATEMENT](#)

[ADA STATEMENT](#)