

Virginia Western Community College

PNE 142

Nursing Skills II

Prerequisites

Admission to the Practical Nursing Program

VWCC Discipline Specific Course Description

Studies principles and procedures essential to the basic nursing care of patients.

Semester Credits: 5

Lecture Hours: 2

Laboratory Hours: 3

Required Materials

Laptop Computer, WiFi access, Elsevier Evolve Course Resources - Second Semester Package, Skills Lab Kit (in tote bag), Program approved Uniform with Badge applied. Nursing Skills Competency List (Sign-Off Sheet), Watch with second hand

Required Textbook:

Williams, P. 2026. *deWit's Fundamental Concepts and Skills for Nursing* (7th ed.). Elsevier - Evolve. ISBN: 9780443245992

Morris, D. 2022. *Calculate with Confidence* (8th ed.). Elsevier - Evolve. ISBN: 978-0-323-69695-1

Note to Instructors

VWCC AND DISCIPLINE SPECIFIC OUTCOMES

Course Objectives

After completion of this course, the student will be able to:

1. **Safety:** Define pain and list the five types of pain; Discuss pharmacologic, non-pharmacologic, and surgical methods for managing pain; Discuss types of tissue injury, including those caused by surgical incisions and prolonged pressure. Discuss airway management and methods nurses use to maintain the natural airway.
2. **Patient-centered Care:** Describe and perform a basic physical assessment; Identify common assessment findings; Demonstrate a basic pain assessment and use of various pain-intensity assessment tools; Discuss the process of urinary and bowel elimination and measures to promote.

3. **Critical Thinking:** Discuss the mechanisms for maintaining fluid balance and restoring fluid volume; Calculate intake and output. List three purposes for mechanical immobilization; Discuss nursing care for clients who are mechanically immobilized with orthoses and orthopedic devices.
4. **Teamwork:** Discuss SBAR communication and important elements to include for shift reporting and for communication with physicians
5. **Evidence-Based Practice:** Describe techniques for assessing and monitoring oxygenation and various types of equipment used in oxygen therapy.
6. **Informatics:** Utilize Computerized devices to demonstrate documentation in the medical record.
7. **Culture:** Discuss multiple uses for gastric and intestinal tubes and cultural aspects of their use.

Skills Lab Objectives:

1. **Safety:** Demonstrate nursing skills needed to maintain natural or artificial airways for compromised clients; Demonstrate safety in medication administration and Intravenous Fluid insertion & administration. Demonstrate practices of phlebotomy.
2. **Patient-Centered Care:** Demonstrate irrigation, maintenance, and removal of a nasogastric tube; Demonstrate nursing skills required for managing care of clients who are being tube-fed; Demonstrate insertion, irrigation, maintenance, and removal of a urinary catheter; Perform wound care, utilizing principles of aseptic and sterile technique.
3. **Critical Thinking:** Discuss types of tissue injury, including those caused by surgical incisions and prolonged pressure; Perform wound care, utilizing principles of aseptic and sterile technique.
4. **Teamwork:** Discuss nursing skills involved in discharge, transfer, or referral of clients from temporary facilities to community agencies that provide health care
5. **Informatics:** Describe nursing skills involved in the admission of clients who require admission and temporary care in facilities such as a hospital
6. **Culture:** Apply effective therapeutic communication techniques during the practice and performance of nursing skills; Discuss cultural and age-related considerations as they relate to basic nursing care.

VWCC AND DISCIPLINE SPECIFIC TOPICAL DESCRIPTION

deWit's Fundamental Concepts and Skills for Nursing

Course Outline

III. Unit 3: Communication In Nursing

- A. Ch. 7 Documentation in Nursing Care
- B. Ch. 8 Communication & Nurse Patient Relationship
- C. Ch. 9 Patient Education & Health Promotion

IV. Unit 5: Basic Nursing Skills

- A. Ch. 22 Assessing Health Status (Review)

VI. Unit 6: Meeting Basic Physiological Needs

- A.*** Ch. 28 Assisting with Respiratory and Oxygen Delivery
- B.*** Ch. 29 Promoting Urinary Elimination
- C.*** Ch. 30 Promoting Bowel Elimination
- D.*** Ch. 31 Complementary Health Approaches

VII. Unit 7: Medication Administration

- A.*** Ch. 33 Pharmacology and Preparation for Drug Administration
- B.*** Ch. 34 Administering Oral, Topical, and Inhalant Medications
- C.*** Ch. 35 Administering Intradermal, Subcutaneous, and Intramuscular Injections
- D.*** Ch. 36 Administering Intravenous Solutions and Medications

VIII. Unit 8: Care of the Surgical and Immobile Patient

- A.*** Ch. 38 Providing Wound Care & Treating Pressure Injuries

VWCC AND DISCIPLINE SPECIFIC TOPICAL DESCRIPTIONS

Calculate with Confidence

Course Outline

[TITLE IX STATEMENT](#)

[ADA STATEMENT](#)