

VIRGINIA WESTERN COMMUNITY COLLEGE
COURSE SYLLABUS FALL 2023
PNE 158 MENTAL HEALTH AND PSYCHIATRIC NUSING

Instructor: Melinda Wooldridge, BSN, RN, PMH-BC

Office: HP 218

Office: Phone: 540-857-6484

Email: mwooldridge@viriniawestern.edu

Office Hours: In Navigate or as posted

CLASS TIMES: WEDNESDAY 2 pm to 3 pm

Contact Methods and Response Time: Students may communicate with faculty by phone or email. Please be aware that it may take 24-48 hours for a response during busy periods or on weekends. Faculty members are also available by appointment during office hours or another mutually agreeable time. Office hours are posted outside faculty office doors.

Course Description

Recognizes emotional need of patients. Provides knowledge of the role that emotions play. Enables students to understand their own behavior as well as patient behavior. Lecture 1 hour per week. Laboratory 0 hours per week. Total 1 hour per week.

Required Textbooks and Materials

Kaplan Resources

Womble, Donna M. & Kincheloe, Cynthia A. (2020). *Introductory Mental Health Nursing* (4th ed.). Philadelphia, PA: Walters Klower/Lippincott, Williams, & Wilkens. ISBN: 978-1975-1037-8-1

Course Objectives

After completion of this course, the student will be able to:

1. **Patient centered care:** Develop an understanding of the basic concepts of mental health nursing across the lifespan by incorporating the nursing process in the delivery of patient centered care.
2. **Critical thinking:** Differentiate between the varying aspects of selected psychological disorders, psychopharmacology for those disorders, and various treatment settings for those disorders.
3. **Teamwork:** Examine the aspects of the interdisciplinary team in mental health care by group discussion of a mental health care team meeting.
4. **Safety:** Formulate a relationship between the concepts of therapeutic communication and its impact on patient safety.
5. **Evidenced-based practice:** Incorporate evidenced-based practice with symptom management of selected mental illnesses.
6. **Culture:** Support the relationships between legal aspects, ethical issues and cultural factors on the mentally ill population.
7. **Patient centered care:** Value the benefits of a therapeutic relationship and its effect on patient centered care.
8. **Informatics:** Formulate a plan of care while discussing the use of electronic health records and verbal communication with a selected case study patient.
9. **Safety:** Identify the signs and interventions for child, elder, domestic, and sexual abuse.

Class Meeting Times: WEDNESDAY 2 pm – 3 pm

Attendance

Students are expected to attend **all** classes and to be on time. Students are responsible for getting any notes/materials covered in missed classes. When an absence is necessary, it is the responsibility of the student to inform the faculty prior to the absence. A message may be left on voicemail or send email.

A maximum of three (3) classes (per course) and/or two (2) clinical days and/or one (1) OCL per semester will be allowed total for personal/family emergency or death in the immediate family. Excessive absenteeism is defined as missing more than three (3) classes (per course), and/or more than two (2) clinical days per semester, and/or more than one (1) OCL. **Excessive absenteeism is cause for disciplinary action up to and including dismissal from the PN program.**

COVID-19 illnesses will be handled on a case-by-case basis.

Class starts on time. Three (3) tardies will count as one (1) absence from the class.

The Practical Nursing Program's Absence policy exceeds that of Virginia Western Community College, please refer to your copy of the handbook.

Grading /Make-Up/ Late Work Policy

All tests will be given in-person in HP 345 on the scheduled day and time. Test make up is allowed **only** when the absence is due to personal or family matters (e.g.: illness, court dates, or death in the family) **and** appropriate documentation is emailed or presented in per to the instructor upon return to class. Make-up tests may be in a different format from the original test and 10 points may be deducted from the overall test grade. Falsification of documentation is considered an honor code violation and may result in dismissal from the program.

Assignments are due on the day of return following an absence or as arranged by the instructor. Acceptance of late assignments is at the sole discretion of the instructor

A grade of "0" will be given for any assignment not turned in.

Students tardy on test days will not be given extra time to complete the test.

Cell phones or other devices such as but not limited to Apple watches will not be allowed during tests or test reviews. At a minimum, a grade of "0" will be given if cell phone or other devices are seen or touched. Further disciplinary action can be taken, up to and including dismissal from the Practical Nursing Program.

All backpacks (books, study materials, etc.) caps/hats, electronic devices (turned off) and cell phones (turned off) are to be placed in the front of the testing room during tests and test reviews.

Contingency Plan for Emergency Situations Occurring During Testing

In the event an emergency or drill occurs during a testing session, the current test will be discarded and a different test will be administered in-person during the next class session.

Academic Integrity

Academic misconduct is a serious event that may result in an academic penalty up to and including dismissal from the program.

Violations of the following list represent academic misconduct, a violation of academic integrity, which is not all-inclusive, are subject to disciplinary action.

1. Cheating on an examination or quiz — either giving or receiving information

2. Copying information from another person for graded assignments
3. Using, accessing, or possessing unauthorized materials during tests
4. Collaboration during examinations
5. Buying, selling, providing or stealing papers, examinations, or other work to be submitted for a class
6. Substituting for another person, or arranging such a substitution for yourself
7. Plagiarism — the intentional or accidental presentation of another's words or ideas as your own. This includes:
 - Using the exact language of someone else without the use of quotation marks and without giving proper credit to the author. This includes memorizing exact wording but not giving credit to the author on a paper or exam.
 - Presenting the sequence of ideas or arranging the material of someone else even though such is expressed in one's own words, without giving appropriate acknowledgement.
 - Submitting a document written by someone else but representing it as one's own.

Ignorance of what constitutes plagiarism is not a defense for such a serious infraction.

8. Collusion with another person or persons in submitting work for credit in class or lab, unless such collaboration is approved in advance by the instructor
9. Falsifying documentation
10. Multiple Submissions — It is a violation of academic honesty to submit substantial portions of the same work for credit more than once without the explicit consent of the instructor to whom the material is being submitted
11. Having knowledge of an academic integrity violation and not reporting the violation to instructor or college personnel

§ Notification 3: No Generative AI Usage Permitted For the duration of this course, the use of Generative AI in assignments is strictly prohibited. Assignments are opportunities for personal growth, critical thinking, and applying your acquired knowledge. Your individual effort and creativity are essential in demonstrating your understanding of the course material. Dependence on AI undermines these objectives and compromises the integrity of the learning process. We appreciate your commitment to academic honesty and dedication to upholding this course's principles by refraining from using Generative AI in your assignments.

Penalties for academic integrity violations will follow the VWCC Practical Nursing Honor Code Policy, which states:

The Practical Nursing Program's Academic Misconduct policy exceeds that of Virginia Western Community College.
Please refer to your copy of the handbook.

Accommodations for Disabilities:

“Students with diagnosed/documentated or other disabilities are entitled to reasonable accommodations in the classroom in accordance with the Americans with Disabilities Act. It is the responsibility of the student to meet with the faculty member and email the appropriate forms from Student Support Services to request accommodations: it is recommended that this meeting take place as early as possible in the semester to facilitate an optimal learning environment. Please contact the instructor during Zoom office hours during the first week of the semester to discuss your needs.

Method of Evaluation (NOTE: 78% MUST BE OBTAINED IN COURSE FOR SUCCESSFUL COMPLETION OF PNE 158)
Course evaluation will be based on the following:

	% of Final Grade
Tests (6)	78%
Kaplan Assignments/Videos	8%
Final Exam	14%
Total	100%

In order to achieve a passing grade in PNE 158, both the test/exam average and final course grade must be at least a 78%. Test averages are calculated first, before any other coursework, including Kaplan scores, are calculated. The test/exam average is not weighted and must be a 78% average of all tests/exams averaged equally. If the average is below 78%, the student will earn the score of the test/exam average for his/her grade and will not be able to progress.

Grading Scale

- 91-100 A
- 82-90.99 B
- 78-81.99 C
- 67-77.99 D
- 66.99 & Below F

Grades will NOT be rounded.

Grades will be posted in Canvas within one week of the test date unless unforeseen circumstances arise. Information regarding grades cannot be given out over the phone, even to the student, or to any email account other than the students VWCC assigned email account. Faculty and students may not exchange information regarding grades using personal email accounts.

Tests

There are six (6) unit test grades that are worth 78% of the final grade. Each test will be weighed equally, (13% each). Test questions are structured in the NCLEX-PN format and may include multiple choice, order of priority, multiple-response, fill in the blank, matching, select all or short answer. Test questions may come from lecture, power points, additional unit assignments, and reading assignments. Content from previous units and previous PN course work may also be included on each unit test. Tests will be administered on the dates/times indicated on the course calendar unless otherwise informed.

Kaplan Assignments

There are Kaplan Focused Review Assignments/Videos that are worth 8% of the final grade. Each assignment is worth % of the course grade. Assignments must be completed by the deadline posted on the course schedule in order to receive credit. Students who have less-than-reliable internet access at home are advised to use a computer in one of the on-campus computer labs to complete tests. Instructions for accessing and taking the tests will be provided by faculty and/or Kaplan if needed.

Tests will be graded as follows:

- i. 50 points for taking the assigned test (all or nothing)
- ii. 50 points for remediating the assigned test (all or nothing)
- iii. Remediation rules:
 1. **If you scored 78% or greater, you must remediate all missed questions.**
 2. **If you scored less than 78%, you must remediate all test questions.**

Remediation is essential and will be counted in the grading process.

Final Exam

The final exam is **worth 14% of the final grade in the course.** For the final exam, the 2022-2023 VWCC General Catalog Final Exam policy will prevail: "All students are expected to take final examinations at the regularly scheduled times. No exceptions are made without prior approval of the instructor and the Vice President of Academic and Student Affairs".

Test Review

An opportunity for group test review will be provided after each test. Students who feel they need further instruction on the most recent test and/or course material are encouraged to seek help from the instructor during posted office hours. Students who feel they need further instruction on the most recent test and/or course material are encouraged to seek help from the instructor during posted office hours. Please be prepared to ask questions and share concerns. Students may make arrangements with the instructor to individually review a unit test up to the time the next test is administered. After that time, the test will be filed and unavailable for review. **NO TAPE RECORDING OR COPYING OF TEST REVIEW IS PERMITTED.**

Canvas

All students are required to check Canvas regularly. Notify the instructor via email if you are unable to access Canvas. Grades will be posted on each student's individual course page. Announcements, including possible additional assignments will be posted. You are responsible for any information and assignments posted on Canvas.

Class Cancellation

When you see/hear an announcement that "Virginia Western Community College is closed", or "Virginia Western Community College classes are cancelled", all activities or operations associated with the College in-person are cancelled and the College is closed.

College Delayed Opening

In the event of a college delayed opening, class will start on the alternate schedule as follows. We also encourage you to check Canvas for any announcements prior to traveling to the College.

Delayed class time: Wednesday 2:35 pm to 3:15 pm

The following General VWCC Information and Policies are posted on Canvas under the Syllabus link:

- Support Services Available/Disability Statement
- VWCC No-Show and Withdrawal Policy
- Notice of Copyright Restrictions
- Inclement Weather Schedule
- Emergency Alert Information
- Critical Safety Information <http://www.viriniawestern.edu/police/crisismanagement.php> /VWCC Safety Video
- Student Consumer information
- Financial Assistance/Aid
- VWCC Testing Center Policies
- Student Rights and Responsibilities / Student Conduct Policy
- VWCC Student Grievance Procedure

Course Outline

Unit 1: Introduction to Mental Health and Mental Illness

- Ch. 1. Mental health and mental illness
- Ch. 2. Delivery of mental health care
- Ch. 3. Theories of personality development

Unit II: Mental Health Care

- Ch. 4. Treatment of mental illness
- Ch. 5. Establishing and maintaining a therapeutic relationship
- Ch. 6. Dynamics of anger, violence, and crisis

Unit 3: Fundamental Nursing Roles in Mental Health Care

- Ch. 7. Communication in mental health nursing

Ch. 8. The nursing process in mental health nursing

Unit 4: Specific Psychiatric Disorders

Ch. 9. Anxiety disorders

Ch. 10. Mood disorders

Ch. 11. Psychotic disorders

Ch. 12. Personality disorders

Ch. 13. Somatic symptoms and related disorders

Ch. 14. Dissociative disorders

Ch. 15. Substance-related disorders

Ch. 16. Eating disorders

Ch. 17. Sexual disorders

Unit 5: Age-Specific Disorders and Issues



Ch. 18. Disorders and issues of children and adolescents

Ch. 19. Disorders and issues of older adults

Note: This syllabus is not a contract between the instructor and the enrolled student. Content is subject to change. Students will be given a written copy of any changes made in the content, course policies, or grading as they may occur.

Schedule

PNE 158
Introduction
to Mental
Health
Nursing Fall
2023
Class time:
Wednesdays
11:30 am to
12:30pm

Date	Class Readings	Tests and Assignments
Aug 23rd	First day of class! Course Orientation/Safety Video Begin: Unit 1: Introduction to Mental Health and Mental Illness Chapters 1, 2, 3	 
Aug 30th		
Sept 6 th	Unit 2 Mental Health Care Chapters 4, 5, 6	Test 1
Sept 13 th		
Sept 20 th	Unit 3 Fundamental Nursing Roles in Mental Health Nursing Chapters 7 & 8	Test 2
Sept 27 th	Unit 4 Specific Psychiatric Disorders Chapter 9, 10, 11, 12	Test 3
Oct 4 th		
Oct 11 th		
Oct 18 th	Unit 4 Specific Psychiatric Disorders Chapters 13, 14, 15, 16, 17	Test 4
Oct 25 th		
Nov 1st		
Nov 8th		
Nov 15th	Unit 5 Age-Specific Disorder and Issues Chapter 18 & 19	Test 5
Nov 22nd		
Nov 29th		Test 6 All Kaplan and Videos due today. 11/29/23 @ 8am.
Dec 6th	Final Exam	

PNE 158
Mental Health and Psychiatric Nursing
FALL 2023

I have read and agree to all written material in this syllabus, which has been reviewed with me in detail. I have had the opportunity to ask questions in regard to all material in this syllabus, and I understand the policies, consequences, material, and all other information contained herein. I understand how this will be enforced and how my academic standing/position in the practical nursing program may be affected. I also understand that some of the policies in this syllabus exceed that of Virginia Western Community college's policies.

Virginia Western Community College Honor Pledge

I understand that Virginia Western Community College fosters a culture of academic integrity and respect and that this integrity is the foundation of our academic system. As a member of this academic community, I pledge to support this culture. I affirm that I will not give or receive any unauthorized assistance, and that all work will be my own. I further affirm that I understand that if I have knowledge of academic misconduct, I am obligated to notify my instructor.

Printed Name _____

Full Legal Signature _____

Date _____

VIRGINIA WESTERN COMMUNITY COLLEGE

STATEMENT ON IMMUNIZATIONS

Virginia Western Community College recognizes the individual rights to self-determination and decision making for all individuals with regard to public health vaccination recommendations. Virginia Western Community College strongly supports immunizations to protect the public from highly communicable and deadly diseases such as measles, mumps, diphtheria, pertussis, influenza and the coronavirus for its students and employees. Effective protection of the public health mandates that all individuals receive immunizations against vaccine-preventable diseases according to the best and most current evidence outlined by the Centers for Disease Control and Prevention (CDC) and the Advisory Committee on Immunization Practices (ACIP). All health professional program students should be vaccinated according to current recommendations for immunization by the CDC and Association for Professionals in Infection Control and Epidemiology (APIC).

While Virginia Western Community College does not require that all health professional students are vaccinated to be admitted into a restricted admissions health program, vaccinations may be required by our clinical facilities in order for our students to enter these facilities. A facility's decision to mandate vaccinations is independent of Virginia Western Community College. Virginia Western Community College faculty and students must comply with the vaccination policies required by our partner clinical agencies. If a student refuses to comply with a facility vaccination requirement, Virginia Western Community College will attempt, but cannot guarantee, to place a student into an alternative facility. A student will only be placed in an alternate location if it meets the educational objectives of the program, is deemed a suitable educational site, if there are available faculty, and if the alternate clinical experience meets program requirements for clinical placement. Refusal to comply with a facility vaccination requirement by a student in our health programs may impede your progress in the program or your ability to remain in the VWCC health program. Your signature on this document acknowledges that you have read and understand that by coming into this program you may be required to complete the clinical experiences in facilities that mandate vaccination. If you choose to not receive vaccinations required by the clinical facilities, the following could occur:

- You may be able to be rerouted to another facility only if one exists; and if there are available faculty to support an alternate clinical experience,
- You may not be able to be rerouted to another facility because there is no other option for this specific educational requirement;
- If there is not another clinical option, due to the facility requirements and the inability to route you to another facility, you will be unable to continue in the program.

Name

Date

August 2022