

# Virginia Western Community College

## MEN 290

### Coordinated Internship

#### **Prerequisites**

MEN 100, MEN 101, MEN 102

#### **Course Description**

Supervises on-the-job training in selected business, industrial or service firms coordinated by the college. Credit/practice ratio not to exceed 1:5 hours. May be repeated for credit. Variable hours. (VCCS MCR Description)

The purpose of this internship experience is to expose students to human service agencies in a manner that will facilitate the acquisition and practice of knowledge, skills, and personal development in the human services field.

**Semester Credits: 5    Lecture Hours: 3**  
**Completion of 180 hours at a human services agency.**

## **Required Materials**

1. Textbook
2. Internet access
3. Canvas

### **Textbook:**

Sweitzer, F.H. & King, M.A. (2014). *The Successful Internship: Transformation & Empowerment in Experiential Learning*, 4th Edition, Cengage., ISBN-10: 978-1-285-07719-2

### **Other Required Materials:**

None

## **Course Outcomes**

### **At the completion of this course, the student should be able to:**

- Exhibit knowledge of a variety of human service and human behavior skills, concepts, theories, and to show the ability to integrate these into practice as a human services provider.
- Engage in appropriate relationships with clients in a therapeutic, constructive fashion.
- Understand client's needs and to be able to differentiate those needs from those of the intern.
- Evaluate the relationship of the agency to the community from the perspective of social, economic, as well as service components.
- Effectively utilize the supervisory relationship as a means of acquiring and integrating new skills, knowledge, and attitudes.

**Topical Description**

1	Beginning the Journey <ul style="list-style-type: none"> <li>○ Chapter One: Surveying the Landscape</li> <li>○ Chapter Two: Essentials for the Journey</li> <li>○ Chapter three: Framing the Experience: The Developmental Stages of an Internship</li> <li>○ Chapter Four: Understanding Yourself</li> </ul>
2	Discovering the Field <ul style="list-style-type: none"> <li>○ Chapter Five: Experiencing the “What ifs” The Anticipation Stage</li> <li>○ Chapter Six: Getting to Know Your Colleagues</li> <li>○ Chapter Seven: Getting to Know the Placement Site</li> <li>○ Chapter Eight: Getting to Know the Community</li> <li>○ Chapter Nine: Getting to Know the Clients</li> </ul>
3	Facing New Frontiers <ul style="list-style-type: none"> <li>○ Chapter Ten: Taking Stock and Facing Reality: The Disillusionment Stage</li> <li>○ Chapter Eleven: Breaking Through the Barriers: The Confrontation Stage</li> </ul>
4	Going the Distance <ul style="list-style-type: none"> <li>○ Chapter Twelve: Riding High: The Competence Stage</li> <li>○ Chapter Thirteen: Considering the Issues: Professional, Ethical, and Legal</li> <li>○ Chapter Fourteen: Traveling the Last Mile: The Culmination Stage</li> </ul>

**Notes to Instructors**

None