

**Virginia Western Community College**  
**PNE 158**  
**Mental Health and Psychiatric Nursing**

**Prerequisites**

Acceptance into Practical Nursing Program and satisfactory completion of PNE 141, PNE 142, PNE 155 if required, and PNE 110 in first and second semesters

**Course Description**

Recognizes emotional needs of patients. Provides knowledge of the role that emotions play; Enables students to understand their own behavior as well as patient behavior.

**Semester Credits: 1   Lecture Hours: 1   Lab/Clinical/Internship Hours: 0#**

**Required Materials****Textbook:**

Womble, D. M. (2020). Introductory Mental Health Nursing (4th ed.). Philadelphia, PA: Walters Klower/Lippincott, Williams, & Wilkens. ISBN: 9781975103781;

**Other Required Materials:**

The Point ; Passpoint; Prep U

**Course Outcomes**

**At the completion of this course, the student should be able to:**

- Describe how personality develops and state its long and short term effects on psychological well-being.
- Describe normal mental functioning.
- Identify mental dysfunctions.
- Identify specific categories of mental disorders.
- Utilize the nursing process in assessing, planning, implementing, and evaluating the mentally ill client.
- Utilize therapeutic techniques in caring for the mentally ill client.

**Topical Description****1. Unit 1: Introduction to Mental Health and Mental Illness**

- Ch. 1. Mental health and mental illness
- Ch. 2. Theories of personality development

**2. Unit II: Mental Health Care**

- Ch. 3. The delivery of mental health care
- Ch. 4. Treatment of mental illness
- Ch. 5. Psychopharmacology

**3. Unit 3: Fundamental Nursing Roles in Mental Health Care**

- Ch. 6. The nursing process in mental health nursing
- Ch. 7. Communication in mental health nursing
- Ch. 8. Establishing and maintaining a therapeutic relationship

**4. Unit 4: Psychiatric Disorders**

- Ch. 9. Anxiety disorders
- Ch. 10. Mood disorders
- Ch. 11. Psychotic disorders
- Ch. 12. Personality disorders
- Ch. 13. Somatoform disorders
- Ch. 14. Dissociative disorders
- Ch. 15. Substance-related disorders
- Ch. 16. Eating disorders
- Ch. 17. Sexual disorders

**5. Unit 5: Age-Specific Disorders and Issues**

- Ch. 18. Disorders and issues of children and adolescents
- Ch. 19. Disorders and issues of older adults

**Notes to Instructor**