

# Virginia Western Community College

## NSG 152

### Introduction to Health Care Participant

**Prerequisites:** BIO 142: Anatomy & Physiology II or NAS 162: Health Science II or BIO 232: Anatomy & Physiology II; NSG 100: Introduction to Nursing Concepts; NSG 106: Competencies for Nursing Practice; NSG 130: Professional Concepts I; NSG 200: Health Promotion & Assessment

**Co-requisites:** BIO 150: Introductory Microbiology or BIO 205: General Microbiology; NSG 170 Health/Illness Concepts

#### **Course Description**

Focuses on the health and wellness of diverse individuals, families, and the community throughout the lifespan. Covers concepts that focus on client attributes and preferences regarding healthcare. Emphasizes population-focused care. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or cooperating agencies, and/or simulated environments.

**Semester Credits: 3**

**Lecture Hours: 2**

**Lab/Clinical/Internship Hours: 3**

#### **Required Materials**

##### **Textbooks:**

1. CoursePoint for Nursing Concepts 6 book library year one - ISBN: **9781975115746**
2. vSim for Maternity/Pediatrics. Lippincott - ISBN: **9781975197841**
3. Kaplan

##### **Supplementary Materials:**

Kaplan Resources

#### **Course Outcomes**

**At the completion of this course, the student should be able to:**

1. Assess diverse client/family values, beliefs, and attitudes as well as community resources in a variety of community settings.
2. Provide culturally relevant care that minimizes risk of harm to clients in community settings.
3. Demonstrate use of the nursing process and evidence-based care related to the concepts of family dynamics, culture, spirituality, grief/loss, motivation/adherence, patient teaching, health care disparities and infection in supervised community care.
4. Develop a plan for providing community-based care in a resource poor environment.
5. Use epidemiological principles in the evaluation of diverse community settings.
6. Implement a teaching plan for an individual or group in the community setting with supervision.

7. Compare and contrast the uses of informatics and quality control for inpatient vs. community-based care.

### **Topical Description**

#### **Major topics to be included:**

1. Community Based Practice Concept
  - Overview of community nursing
  - Role of the nurse in community setting
  - Home health nursing
  - Home safety
  - Epidemiology
  - Exemplar: community assessment (windshield survey)
2. Family Dynamics Concept:
  - Overview of the family dynamics
  - Genogram Risk related to genetics
  - Family structure
  - Exemplars: aging of family members, expanding family, chronic illness of a family member
3. Culture Concept:
  - Overview of culture
  - Culture subconcepts
  - Cultural competence
  - Cultural self-awareness
  - Diversity
  - Exemplars: sexual orientation, examples of cultural preferences in situations across the lifespan
4. Spirituality Concept:
  - Overview of spirituality
  - Effects on health
  - Spiritual needs and assessment
  - Exemplar: spiritual distress
5. Health Care Disparities Concept:
  - Overview of health care disparities
  - Characteristics of those at risk
  - Healthcare access
  - Quality of care
  - Healthy people 2020
  - Exemplars: homelessness, veterans, lower socioeconomic status
6. Stress and Coping Concept:
  - Overview of stress and coping
  - Physiological response to stress
  - Risk/benefit of stress
  - Healthy coping & stress Management
  - Exemplars: physical response/disease, separation anxiety (child)
7. Patient Education Concept:
  - Overview of patient education
  - Domains of learning: affective, cognitive, and psychomotor
  - Teaching learning process: teaching/learning theories, educational principles

Factors affecting learning: health literacy, learning readiness, motivation theories

Health belief model

Self efficacy, change theory, response to change

Technology: client health informatics promotion of healthy lifestyle

Exemplars: diabetes education, pre-operative teaching

#### 8. Grief & Loss

Types of loss

Stages of grief

Effect on the family and significant others

Exemplars: loss of a child at birth, SIDS (Sudden Infant Death Syndrome), children's response to loss, end-of-life care, amputation

#### 9. Infection Concept:

Community based infections

Epidemiology

Diagnostics related to infection

Pharmacological interventions: antimicrobials (antibiotics and antifungals)

Exemplars: pneumonia, otitis media (child), meningitis (adolescent), Respiratory Syncytial Virus (RSV) (infant)

### **Note to Instructors**