

Virginia Western Community College

PSY 236

Adolescent Psychology

Prerequisites

None

Course Description

Studies development of the adolescent. Investigates physical, intellectual, social, and emotional factors of the individual from late childhood to early adulthood.

Semester Credits: 3

Lecture Hours: 3

Required Materials

1. Textbook
2. Internet access
3. Canvas

Textbook:

Arnett, J. (2013). *Adolescence and Emerging Adulthood: A Cultural Approach*. 5th Edition. Pearson. Boston, MA. ISBN: 978-0-205-89249-5

Other Required Materials:

None

Course Outcomes

At the completion of this course, the student should be able to:

- Describe adolescent development as an ongoing developmental process or set of processes, involving both continuity and change by giving examples from literature, including physical, social, cognitive, and personality development.
- Analyze different developmental events that occur in adolescence, from the perspective of major theories of development and recognize those theories when used by others to analyze events.
- Understand how research contributes to the understanding of adolescent development: to evaluate and use research findings.
- Explain important developmental concepts, and be able to recognize and apply these concepts in various situations.
- Understand the development and progression of adolescent psychopathology.

Topical Description

1	Introduction
2	Biological Foundations
3	Cognitive Foundations
4	Cultural Beliefs
5	Gender
6	The Self
7	Family Relationships
8	Friends and Peers
9	Dating, Love, and Sexuality
10	School
11	Work
12	Media
13	Adolescent Psychopathology and other Problems

Notes to Instructors

None