

# Virginia Western Community College

## NUR 25

### Nursing Assistant

#### **Prerequisites**

None

#### **Course Description**

Teaches fundamentals of patient care with laboratory experiences in foods and fluids, elimination, moving patients, morning, afternoon, and evening care, care of hospital equipment, means of providing comforts and safety, and admission and discharge procedures.

**Semester Credits: 3**

**Lecture Hours: 2**

**Lab/Clinical/Internship Hours: 3**

#### **Required Materials**

##### **Textbook:**

Essentials for Nursing Assistants. Carter, Pamela J., 3<sup>rd</sup> Edition. Lippincott. ISBN: 80781779098

#### **Course Outcomes**

**At the completion of this course, the student should be able to:**

- Discuss aspects of accidents and incidents
- Discuss and demonstrate restraints and restraint alternatives
- Discuss and demonstrate pressure ulcer prevention
- Discuss and demonstrate assistance with wound care
- Discuss aspects of dementia including special comfort and safety
- Discuss developmental disabilities including special comfort and safety
- Discuss residents with cancer including special comfort and safety
- Discuss residents with HIV/AIDS including special comfort and safety
- Discuss and demonstrate admission and discharge procedures
- Discuss and demonstrate assisting the nurse with alternative methods of providing food and fluids
- Discuss and demonstrate assistance with indwelling catheters
- Discuss and demonstrate obtaining a urine specimen
- Discuss and demonstrate obtaining a stool specimen
- Discuss and demonstrate rehabilitative and restorative care
- Discuss and demonstrate caring for an ostomy
- Discuss regulatory aspects of practice

## **Topical Description**

### Unit 11: Basic Restorative Care

- Rehabilitation and Restorative Care
- Assisting with Urinary Elimination
- Assisting with Bowel Elimination

### Unit 9: Individual Client's Needs: Mental Health and Social Service Needs

- Common Disorders
- Caring for People with Dementia

### Unit 10: Special Needs Clients

- Common Disorders

### Unit 12: Care of Clients when Death is Imminent

- People who are Dying
- People with Cancer
- People with HIV/AIDS

### Unit 13: Admission, Transfer, Discharge

- Communication Skills
- Transfer and Discharge

### Unit 14: Legal and Regulatory Aspects of Practice for the Certified Nurse Aides

- Introduction to Health Care
- Communication Skills
- The Nursing Assistant's Job
- Code of Virginia
- Virginia Regulations 18VAC90-25-100
- Virginia Board of Nursing Responsibilities of Certified Nurse Aides and Employees
- Candidate Handbook and Certification Exam

## **Note to Instructors**