

Virginia Western Community College

PNE 158

Mental Health and Psychiatric Nursing

Prerequisites

None

Course Description

Recognizes emotional needs of patients. Provides knowledge of the role that emotions play; Enables students to understand their own behavior as well as patient behavior.

Semester Credits: 2

Lecture Hours: 2

Lab/Clinical/Internship Hours: 0

Required Materials

Textbook:

Henke's Med-Math Dosage Calculation, Preparation and Administration. Buchholz, Susan. (2016). 8th Edition. Lippincott, Williams, & Wilkins. ISBN: 9781608317998

Introductory Mental Health Nursing. Womble, D. M. (2011). 2nd Edition. Walters Klower/Lippincott, Williams, & Wilkins. ISBN: 9781608313921

Supplementary Materials:

The Point

PrepU

Docucare

Course Outcomes

At the completion of this course, the student should be able to:

- Describe how personality develops and state its long and short-term effects on psychological well being
- Describe normal mental functioning
- Identify mental dysfunctions

- Identify specific categories of mental disorders
- Utilize the nursing process in assessing, planning, implementing, and evaluating the mentally ill client
- Utilize therapeutic techniques in caring for the mentally ill client

Topical Description

Unit I: Introduction to Mental Health and Mental Illness

- Mental health and mental illness
- Theories of personality development

Unit II: Mental Health Care

- The delivery of mental health care
- Treatment of mental illness
- Psychopharmacology

Unit III: Fundamental Nursing Roles in Mental Health Care

- The nursing process in mental health nursing
- Communication in mental health nursing
- Establishing and maintaining a therapeutic relationship

Unit 4: Psychiatric Disorders

- Anxiety
- Mood
- Psychotic
- Personality
- Somatoform
- Dissociative
- Substance-related
- Eating
- Sexual

Unit 5: Age-Specific Disorders and Issues

- Children and Adolescents
- Older adults

Note to Instructors