

**Virginia Western Community College**  
**HLT 105**  
**Cardiopulmonary Resuscitation**

**Prerequisites**

None

**Course Description**

Equivalent to EMS 100. Provides training in coordinated mouth-to-mouth artificial ventilation and chest compression, choking, life-threatening emergencies, and sudden illness

**Semester Credits: 1    Lecture Hours: 1 Lab/Clinical/Internship Hours: 0**

**Textbook:**

American Heart Association. (2016). *BLS for healthcare providers: student manual*. American Heart Association ISBN: 978-1-61669-407-4

**Course Outcomes**

**At the completion of this course, the student should be able to:**

1. Understand the purpose of CPR and its benefits.
2. Accurately perform Adult, Pediatric, and Infant CPR.
3. Alleviate choking in an adult, pediatric, or infant person

**Topical Description**

Class Day:

During class, student will prepare for CPR certification by reviewing the history of the American Heart Association. Student will review terminology and techniques of CPR. Student will learn proper CPR techniques and perform these skills on a manikin to show proficiency.

Follow up assignments:

During the weeks following class, students will have additional assignments to complete for credit. These assignments must be turned in through Canvas before deadline for proper credit for course grade.