VIRGINIA WESTERN COMMUNITY COLLEGE PRACTICAL NURSING PROGRAM FINAL COURSE SYLLABUS Spring 2020 PNE 193-Nursing Skills

| Instructor: Christine White, BS, RN | Lab Instructors: Wed PNE 193 11L Lab 1 - 1:30-4:30 | | |
|---|--|--|--|
| Office: HP 239 | pm Robin Hess-Watson | | |
| Office Phone: 540-857- | Thurs PNE 193 12L Lab 2 – 8:00-11:00am Lauren | | |
| Email: groberts@virginiawestern.edu | Cumella | | |
| Office Hours: as posted | Fri PNE 193 13L Lab 8:00-11:00 am Christina White | | |
| Class Hours: Thursday 11:30 AM-1:30 PM HP 345 | Fri PNE 193 14L Lab 11:30AM – 2:30 PM Christine | | |
| | White | | |

Contact Methods and Response Time: Students may communicate with faculty by phone or email. Please be aware that it may take 24-48 hours for a response during busy periods or on weekends of holidays. Faculty members are also available by appointment during office hours or another mutually agreeable time. Office hours are posted outside faculty office doors and on Sails.

Course Description

Studies principles and procedures essential to the basic nursing care of patients. (2 CR). Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.

Required Textbooks and Materials

Timby, Barbara K. (2017). *Fundamental Nursing Skills and Concepts* (11th ed.). Philadelphia: Lippincott, Williams, & Wilkins. ISBN 978-1-4963-2762-8

Timby, Barbara K. (2017). *Workbook for Fundamental Nursing Skills and Concepts* (11th ed.). Philadelphia: Lippincott, Williams, & Wilkins. ISBN 978-1-4596-3345-41

Timby, Barbara K. (2017). PrepU for Timby Fundamental Nursing Skills & Concepts. ISBN 978-1-4963-2762-8

Access to course ebooks.

Skills Lab Kit (in tote bag) which must be purchased at the VWCC campus book store.

Course Objectives

After completion of this course, the student will be able to:

1. Safety: describe components of the chain of infection; demonstrate the concept of asepsis (medical and surgical); recognize and demonstrate the purpose of ergonomics in body mechanics, positioning patients and use of ambulatory aids; discuss safety and environmental hazards and the role of health care providers.

- 2. **Patient-centered Care**: describe and demonstrate basic personal care related to hygiene, comfort, rest, sleep, nutrition, and correct procedures for turning, moving, and transferring clients with/without assistive devices;; discuss and demonstrate procedures for assessing, reporting, and recording vital signs.
- **3. Critical Thinking:** Discuss the purpose of the National Patient Safety goals; Apply the Nursing Process in patient care; differentiate between fitness exercise and therapeutic exercise; discuss the purpose of a code of ethics and ethical issues common in nursing practice.
- 4. Teamwork: Recognize resources for and demonstrate exercise including range of motion (active and Passive); differentiate restraint alternatives including physical, chemical,
- 5. Evidence-Based Practice: Discuss the principles of infection control including standard and transmission-based precautions; demonstrate infection control measures with personal protective equipment (PPE); demonstrate correct body mechanics;
- **6. Informatics:** Associate didactic and lab experience with application in the appropriate documentation of care in the patient's health record.
- 7. **Culture:** Discuss cultural and age-related considerations as they relate to basic nursing care.

Class Meeting Times: Thursday 11:30 AM- 1:30 PM in HP 345

Skills Lab Meeting Times: As listed with Lab instructors

Attendance

Students are expected to attend **all** classes, to be on time. You are responsible for getting any notes/materials covered in missed classes. When an absence is necessary, it is the responsibility of the student to inform the faculty prior to the absence. A message may be left on voicemail.

Each student will attend approximately 3 hours of lab per week. Lab attendance is mandatory in order to meet the course objectives and pass the course. Lab make up is allowed <u>only</u> when the absence is due to personal or family matters (e.g., illness, court dates, or death in the family) <u>and</u> appropriate documentation is presented to the instructor upon return to lab.

It is the responsibility of the student to contact the instructor <u>within one week of the missed lab</u> to make arrangements for make-up. Lab absences will be made up on a date and time determined by the lab instructor. All missed labs must be made up by the last day of the semester in which the absence occurred

A maximum of three (3) classes (per course) and/or two (2) clinical days and/or one (1) OCL per semester will be allowed total for personal/family emergency or death in the immediate family. Excessive absenteeism is defined as missing more than three (3) classes (per course), and/or more than two (2) clinical days per semester, and/or more than one (1) OCL. Excessive absenteeism is cause for dismissal from the PN program.

Class starts on time. Tardiness will NOT be tolerated; **doors will be locked at the start of class**. Three (3) tardies will count as one (1) absence from the class.

The Practical Nursing Program's Absence policy exceeds that of Virginia Western Community College, which may be viewed at: <u>https://www.virginiawestern.edu/about/policies/I-47.php</u>

Grading /Make-Up/ Late Work Policy

Test make up is allowed <u>only</u> when the absence is due to personal or family matters (e.g., illness, court dates, or death in the family) <u>and</u> appropriate documentation is presented to the instructor upon return to class. Make-up tests may be in

a different format from the original test, and ten (10) points will be deducted from your overall test grade. Falsification of documentation is considered an honor code violation and will result in dismissal from the program.

Assignments are due on the day of return following an absence or as arranged by the instructor. Acceptance of late assignments is at the sole discretion of the instructor

A grade of "0" will be given for any assignment not turned in.

Students tardy on test days will not be given extra time to complete the test and ten (10) points will be deducted from your overall test grade. If you are tardy or absent on a day a quiz is given (in-class or take-home), you will receive a grade of "0."

Cell phones/mobile devices will not be allowed during tests. At a minimum, a grade of "0" will be given if any devices are seen or touched. Further disciplinary action can be taken, including dismissal from the Practical Nursing Program.

All backpacks (books, study materials, etc.) caps/hats, electronic devices (turned off) and cell phones (turned off) are to be placed in the front of the testing room during tests.

Contingency Plan for Emergency Situations Occurring During Testing

In the event an emergency or drill occurs during a testing session, the current test will be discarded and a different test will be administered during the next class session.

Academic Misconduct

Academic misconduct is a serious event that may result in an academic penalty. Misconduct includes cheating, fabrication, facilitation of cheating, unauthorized collaboration, interference, plagiarism, and violation of course rules. Penalties for academic honesty violations will follow the VWCC Practical Nursing Honor Code Policy, which states:

"I will not participate in any form of academic dishonesty. I understand that academic dishonesty includes verbal or written acts of plagiarism, cheating, stealing, or deception. I also understand that as a member of the Practical Nursing Program and VWCC community that it is my responsibility to report any and all acts of academic dishonesty by others or myself. If called to a hearing, I will report and provide the required information to the best of my ability. I understand that participation in or failure to report academic dishonesty of which I have knowledge will result in my dismissal from the Practical Nursing Program."

The Practical Nursing Program's Academic Misconduct policy exceeds that of Virginia Western Community College, which may be viewed at: <u>https://www.virginiawestern.edu/about/policies/I-21.php</u>

Accommodations for Disabilities:

"Students with diagnosed/documented or other disabilities are entitled to reasonable accommodations in the classroom in accordance with the Americans with Disabilities Act. It is the responsibility of the student to meet with the faculty member and bring the appropriate forms from Student Support Services to request accommodations: it is recommended that this meeting take place as early as possible in the semester to facilitate an optimal learning environment. Please contact the instructor after class or during office hours during the first week of the semester to discuss your needs. The essence of a skills lab practical is to demonstrate that procedures and skills can be executed within specific timeframes. Due to the essential nature of this practical experience, extended time for completion cannot be granted for such exercises. Should you have questions or concerns regarding other accommodations that may be applicable to your laboratory experience, please connect with your instructor and/or Hillary Holland of *Office of Disability Services*-Student Life (S207)- (540) 857-7286- <u>disabilityservices@virginiawestern.edu</u>

Method of Evaluation (*NOTE: 78% MUST BE OBTAINED IN COURSE FOR SUCCESSFUL COMPLETION OF PNE 193*) *Course evaluation will be based on the following:*

| | % of Final Grade | Grading Scale | |
|--------------------------------------|------------------|-----------------------------|---|
| Tests (5)- 13% each | 55 % | 91-100 | А |
| PrepU Quizzes (5) | 5% | 82-90.999 | В |
| Preparation/Discussion/Participation | 10% | 78-81.999 | С |
| Skills Competency Test | 13 % | 67-77.999 | D |
| Final Exam | 17 % | Below 67 | F |
| Total | 100 % | | |
| | | Grades will NOT be rounded. | |

In order to achieve a passing grade in PNE 193, both the test/exam average and final course grade must be at least a 78%. Test/exam averages are calculated first, before any other coursework, including quizzes, is calculated. The test/exam average is not weighted and must be a 78% average of all tests/exams averaged equally. If the average is below 78%, the student will earn the score of the test/exam average for his/her grade, and will not be able to progress.

Grades will be posted in CANVAS within one week of the test date unless unforeseen circumstances arise. Information regarding grades cannot be given out over the phone, even to the student, or to any email account other than the students VWCC assigned email account. Faculty and students may not exchange information regarding grades using personal email accounts.

Tests

There are five (5) unit test grades that are worth 65% of the final grade. Each test will be weighed equally, (13% each). Test questions are structured in the NCLEX-PN format and may include multiple choice, order of priority, multiple-response choice, fill in the blank, matching, select all, or short answer. Test questions may come from lecture, power points, additional unit assignments, outlines, and reading assignments. Content from previous units may also be included on each unit test. Tests will be administered on the dates/times indicated on the course calendar.

PrepU Quizzes

There are five (5) pre-lecture PrepU quizzes worth 5% of the final grade. Quizzes will be assigned as a tool to help you identify what you know and don't know about the upcoming topic and to help you master chapter content. Quizzes should be taken after reading the chapter. A minimum mastery level of "**4**" must be achieved on all assigned quizzes prior to the due date in order to receive credit. Due dates are listed on the Course Schedule.

In addition, students are encouraged to independently take and practice PrepU quizzes throughout the semester to increase test-taking skills and confidence.

Instructions for accessing PrepU:

- If you don't already have access to Lippincott CoursePoint for PrepU for Timby's Fundamental Nursing Skills and Concepts, 11th Edition, redeem your ACCESS CODE and complete registration at <u>http://thePoint.lww.com/activate</u>.
- From the **"My Content"** page, click on Lippincott CoursePoint for PrepU for Timby's Fundamental Nursing Skills and Concepts, 11th Edition.
- On the welcome screen or from "My Classes", select "Join a Class", enter your CLASS CODE: F36493F0_and click "Enroll".
- If you experience any problems, check the code again and re-enter it. If it does not work, contact Lippincott Online Product Support at 1-800-468-1128 or techsupp@lww.com for assistance.

Skills Competency Test

The Skills Competency Test will require the student to demonstrate four skills randomly drawn from the Nursing Skills Competency List. Each skill is worth 25 points (100 points possible). No partial points will be given. Successful performance of a skill is defined as the student completing the skill safely, competently, independently, and in a timely manner. The role of the faculty during competency testing is to observe and evaluate the student's performance of each skill without giving guidance or assistance. If the student identifies an error during the performance of the skill, the student can correct it without penalty as long as they can correct the error within the testing time.

Final Exam

The final exam is worth 17% of the final grade in the course. For the final exam, the 2019-2020 VWCC General Catalog Final Exam policy will prevail: "All students are expected to take final examinations at the regularly scheduled times. No exceptions are made without prior approval of the instructor and the Vice President of Academic and Student Affairs".

Test Review

An opportunity for group test review will be provided after each test. Students who feel they need further instruction on the most recent test and/or course material are encouraged to seek help from the instructor during posted office hours. Please come prepared to ask questions and share concerns. Students may make arrangements with the instructor to individually review a unit test up to the time the next test is administered. After that time, the test will be filed and unavailable for review.

CANVAS

All students are required to check CANVAS regularly. Notify the instructor if you are unable to access CANVAS. Grades will be posted on each student's individual course page. Announcements, including possible additional assignments will be posted. You are responsible for any information and assignments posted on CANVAS.

Use of Electronic Devices in the Classroom

All cell phones must be set to "silent" (not "vibrate") mode or turned off before class begins. <u>Any student with a ringing</u> or vibrating cell phone in class will be asked to leave and will not be allowed back into the class that day and will not be permitted to make up missed in-class work.

While students are allowed to bring personal electronic devices (e.g., laptops, voice recorders) to class, they must <u>only</u> serve class needs (e.g., typing on a laptop to take notes; using a voice recorder to record lectures). Students are expected to keep class in the "foreground" at all times. If a student appears to be "backgrounding" the class, he or she will be asked to leave the classroom and will not be permitted to make up missed in-class work. Examples of "backgrounding" the class include: answering or making a cell phone call; texting; checking or writing e-mail; surfing the web; logging into Facebook; and handheld gaming. Faculty reserve the right to ban electronic devices entirely if they feel they are distracting you or your classmates from learning.

Class Cancellation

When you see/hear an announcement that "Virginia Western Community College is closed", or "Virginia Western Community College classes are cancelled", all activities or operations associated with the College are cancelled and the College is closed.

College Delayed Opening

In the event of a college delayed opening, class will start on the alternate schedule as follows. We also encourage you to check Blackboard for any announcements prior to traveling to the College.

- o Class: Thursday 11:30 1:30 will meet from 12:30-2:30
- o Lab: Wednesday 1:30 AM 4:30 PM lab will meet from 1:30-4:30 PM Thursday 8:00-11:00 AM lab will meet from 10:00-12:10 PM Friday 8:00-11:00 AM lab will meet from 10- 12:10 PM and Friday 11:30-2:30 PM labs will meet from 12:20 PM-2:10 PM

Student Responsibilities in the On-Campus Lab

- Nursing Skills Competency List
 - Students are responsible for maintaining their Nursing Skills Competency List throughout the program.
 Skills will be "checked off" by lab and clinical instructors to reflect competency in required skills. The completed forms will be collected at the end of the program and will be maintained as part of the student's permanent record.
- o Students must bring the following items to lab each week:
 - Nursing Tote Bag
 - Nursing Skills Booklet
 - Nursing Skills Competency List (Sign-Off Sheet)
 - Students who come to lab without the above listed items will not be admitted to lab.
- It is the students' responsibility to clean and straighten the practice station after each practice or check-off session.

The following General VWCC Information and Policies are posted on CANVAS under the Syllabus link:

- Online Tutorials
- eLearning and Instructional Technology (eLit)
- VWCC Student Resources
- Interventional Counselor
- Advising Syllabus
- Course Outline
- Navigate MyVWCC
- VWCC Library Services
- VWCC Academic Link
- VWCC Bookstore
- Proctor Request Form
- Computer Rights and Responsibility
- Taking Online Exams on Blackboard
- Student Rights and Responsibilities / Student Conduct Policy
- VWCC Student Grievance Procedure

Course Outline

- A. Ch. 10. Asepsis
 - 1. Microorganisms
 - 2. Chain of Infection
 - 3. Asepsis
 - 4. Nursing Implications
- B. Ch. 22. Infection Control
 - 1. Infection
 - 2. Infection Control Precautions/Measures
 - 3. Psychological Implications
 - 1. Nursing Implications
- C. Ch. 19. Safety
 - 2. Age-Related Safety Factors
 - 3. Environmental Hazards
 - 4. Restraints
 - 5. Nursing Implications
- D. Ch. 12. Vital Signs
 - 1. Body Temperature
 - 2. Pulse
 - 3. Doppler Ultrasound Device
 - 4. Respiration
 - 5. Blood Pressure
 - 6. Documenting Vital Signs
 - 7. Nursing Implications
- E. Ch. 15. Nutrition
 - 1. Overview of Nutrition
 - 2. Nutritional Patterns and Practice
 - 3. Nutritional Status Assessment
 - 4. Management of Problems Interfering with Nutrition
 - 5. Management of Client Nutrition
- F. Chapter 30 Urinary Elimination
 - 1. Overview of Urinary Elimination
 - 2. Characteristics of Urine
 - 3. Abnormal Urinary Elimination Patterns
 - 4. Assisting Clients with Urinary Elimination
 - 5. Managing Incontinence
 - 6.Catheterization
 - 7. Urinary Diversions
 - 8. Nursing Implications
- G. Chapter 31 Bowel Elimination
 - 1. Defecation

2.Assessment of Bowel Elimination3.Common Alterations in Common Bowel Elimination4.Measures to Promote Bowel Elimination5.Ostomy Care6.Nursing Implications

- H. Chapter 17 Hygiene
 - 1. Integumentary System
 - 2. Hygiene Practices
 - 3. Visual and Hearing Devices
 - 4. Nursing Implications
- I. Ch. 18. Comfort Rest and Sleep
 - 1. Client Environment
 - 2. Sleep and Rest
 - 3. Sleep Assessment
 - 4. Sleep Disorders
 - 5. Nursing Implications
- J. Ch. 23. Body Mechanics, Positioning, and Moving
 - 1. Maintaining Good Posture
 - 2. Body Mechanics
 - 3. Ergonomics
 - 4. Positioning Clients
 - 5. Protective Devices
 - 6. Transferring Clients
 - 7. Nursing Implications
- K. Ch. 24. Therapeutic Exercise
 - 1. Fitness Assessment
 - 2. Exercise Prescriptions
 - 3. Types of Exercise
 - 4. Nursing Implications
- L. Ch. 26. Ambulatory Aids
 - 1. Preparing for Ambulation
 - 2. Assistive Devices
 - 3. Ambulatory Aids
 - 4. Prosthetic Limbs
 - 5. Nursing Implications
- M. Chapter 13: Physical Assessment
 - 1. Overview of the Physical Assessment
 - 2. Performing a Physical Assessment
 - 3. Data Collection
 - 4. Nursing Implications

- N. Chapter 16: Fluid and Chemical Balance
 - 1. Fluid Volume Assessment (Intake and Output)
 - 2. Intravenous Fluid Administration
 - 3. Blood Administration
 - 4. Parenteral Nutrition
 - 5. Nursing Implications
- O. Chapter 20: Pain Management
 - 1. Pain
 - 2. Pain Assessment Standards and Data
 - 3. Pain Intensity Assessment Tools
 - 4. Pain Management
 - 5. Nursing Implications
- P. Chapter 21: Oxygenation
 - 1. Anatomy and Physiology of Breathing
 - 2. Assessing and Promoting Oxygenation
 - 3. Oxygen Therapy
 - 4. Related Oxygenation Techniques
 - 5. Nursing Implications
- Q. Chapter 25: Mechanical Immobilization
 - 1. Purposes of Immobilization
 - 2. Mechanical Immobilizing Devices
 - 3. Nursing Implications
- R. Chapter 28: Wound Care
 - 1. Wounds
 - 2. Wound Repair and Wound Healing
 - 3. Wound Healing Complications
 - 4. Wound Management
 - 5. Pressure Ulcers
 - 6. Nursing Implications
- S. Chapter 29: Gastrointestinal Intubation
 - 1.Intubation
 - 2. Types of Tubes
 - 3. Nasogastric and Nasointestinal Tube Management
 - 4. Transabdominal Tube Management
 - 5. Tube Feedings
 - 6. Intestinal Decompression
 - 7. Nursing Implications
- T. Chapter 36: Airway Management
 - 1. The Airway
 - 2. Natural and Artificial Airway Management
 - 3. Nursing Implications

- U. Chapter 11: Admission, Discharge, Transfer, and Referral
 - 1. The Admission Process
 - 2. The Discharge Process
 - 3. The Transfer and Referral Process
- A. Chapter 13: Physical Assessment
 - 5. Overview of the Physical Assessment
 - 6. Performing a Physical Assessment
 - 7. Data Collection
 - 8. Nursing Implications
- B. Chapter 16: Fluid and Chemical Balance
 - 6. Fluid Volume Assessment (Intake and Output)
 - 7. Intravenous Fluid Administration
 - 8. Blood Administration
 - 9. Parenteral Nutrition
 - 10. Nursing Implications
- C. Chapter 20: Pain Management
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 - 7. Pain Assessment Standards and Data
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 - 9. Wound Healing Complications
 - 10. Wound Management
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- G. Chapter 29: Gastrointestinal Intubation
 - 8.Intubation
 - 9. Types of Tubes
 - 10. Nasogastric and Nasointestinal Tube Management
 - 11. Transabdominal Tube Management
 - 12. Tube Feedings
 - 13. Intestinal Decompression
 - 14. Nursing Implications
- H. Chapter 30: Urinary Elimination
 - 9. Overview of Urinary Elimination
 - 10. Characteristics of Urine
 - 11. Abnormal Urinary Elimination Patterns
 - 12. Assisting Clients with Urinary Elimination
 - 13. Managing Incontinence
 - 14. Catheterization
 - 15. Urinary Diversions
 - 16. Nursing Implications
- J. Chapter 31: Bowel Elimination
 - 7. Defecation
 - 8. Assessment of Bowel Elimination
 - 9. Common Alterations in Common Bowel Elimination
 - 10. Measures to Promote Bowel Elimination
 - 11. Ostomy Care
 - 12. Nursing Implications

| | Class Sci | hedule | | |
|------|--|--|--|--------------------------|
| | PNE 193 Nu | rsing Skills | | |
| | Spring | 2020 | | |
| Date | Class Topic/Assigned Reading (Assigned Reading to be completed prior to class) | Assigned Reading Timby Nursing Skills and Concepts | Assigned Review Giddens Concepts | Assignment/ Quiz/Test |
| 2/20 | Comfort, Rest, and Sleep with Stress Relief | Chapter 18 | Sleep | |
| 2/27 | Vital Signs/Physical Assessment | Chapter 12, 13 | | |
| 3/5 | Mobility | Chapter 23,24, 26 | Mobility | Test 2 |
| 3/12 | Nutrition with Cultural Considerations | Chapter 15 | Culture | |
| 3/26 | Medication Safety | Chapter 23 & 25 | | |
| 4/2 | Sensory Perception/Wound Management | Ch. 28 | Sensory Perception | Test 3 |
| 4/9 | Injectable/Intravenous Administrations | Chapter 16, 34 & 35 | | |
| 4/16 | End of Life Considerations Ostomy Care | Ch. 31 & 38 | Stress & Coping | |
| 4/23 | Oxygenation | Ch 21 & 36 | Gas Exchange | Test 4 |
| 4/30 | Therapeutic Interventions | Ch. 28& 25, & 26 | | |
| 5/7 | Quality Improvement | Review of All | Health Care Quality; Technology & Informatics | Test 5 |
| TBA | Final Exam | | | |

Sunday, January 26, 2020 – Last day to Register or Add Class Thursday, February 6, 2020 – Last day to drop and receive refund Sunday, March 15 through Sunday March 22, 2020 Spring Break – No Classes Saturday, May 9 – Thursday May 14 – Final Exams Friday May 15 – Commencement

| Lab Schedule PNE 193 Nursing Skills Spring 2020 | | |
|---|--|---|
| Dates | Lab Skills (Review prior to lab) | thePoint: Watch and Learn Videos Kapan: Essential Nursing Skills Videos (View Prior to Lab) |
| Jan 20-24 | Orientation to Lab: Must bring receipt for lab tote (from bookstore) Will be inventorying lab totes and removing parenteral supplies. CNA Check off – handwashing, PPE, Sterile Gloves, VS, Bedpan, Blood Glucose, Bathing, Beds | Bring Skill |
| Jan 27-31 | Skill 10-1 Handwashing Skill 10-2 Hand Antisepsis with an Alcohol-Based Rub Skill 10-4 Creating a Sterile Field and Adding Sterile Items (Demo and Practice only) Skill 10-5 Putting on and Removing Sterile Gloves and Gown (Demo and Practice only) PPE Donning and Doffing CNA Check off – Restraints, Massage, ROM, TED, Ambulation, Assistive Devices | Kaplan: Handwashing, Sterile Gloving Timby: Ch 10 pg. 151 box 10-2 Pg. 154-165 |
| Feb 3- 7 | Skill 12-1 Assessing Body Temperature Skill 12-2 Assessing the Radial Pulse Skill 12-3 Assessing the Respiratory Rate Skill 12-4 Assessing Blood Pressure Pulse Oximetry Obtaining Height and Weight CNA Check off – Physical Assessment | Timby: Ch. 12 Pg. 218-231 Ch. 23 Pg. 21-1 Skill 21-1 Ch.13 pg. 236 NG 13-1 |
| Feb 10-13 | Skill 17-2 Administering Perineal Care Skill 23-1 Turning and Moving a client Skill 17-3 Giving a Bed Bath Place and Remove a Bed Pan Skill 17-4 Giving Oral Care to Unconscious Client Skill 17-5 Shampooing Hair Antiembolism Stockings | Timby Ch.15 pg. 307-310 Ch.17 pg. 372-383 |
| Feb 17-21 | Skill 15-2 Feeding a Client Skill 18-1 Making an Unoccupied Bed Skill 18-2 Making an Occupied Bed Skill 18-3 Giving a Back Massage Skill 19-1 Using Physical Restraints | Timby Ch.15 pg. 307-310 Ch. 18 pg. 401-411 Ch.19 pg. 430-434 |
| | | Timby |

| E-1 | Diserie 1 Assessment Level Counds Describe | 01-12 |
|------------------------------|--|------------------------|
| Feb | Physical Assessment, Lung Sounds, Bowel Sounds, | Ch.13 |
| 24-28 | Heart Sounds | pg.239 NG 13-2 |
| | (Catch up/Practice any skills from previous weeks) | Pg. 247 NG 13-4 |
| | | Pg. 249 13-2 |
| | | Pg. 251 NG 13-6 |
| | | Pg. 256 |
| March | Skill 23-2 Transferring Clients | Timby |
| 2-6 | Performing Range of Motion Exercises (PROM) | Ch. 14 Pg. 547-556 |
| | (Catch up/Practice any skills from previous weeks) | |
| March | NG Tube | Timby Ch. 29 |
| 9-13 | G-Tube | Pg. 666-667 NG 29-1 |
| | Foley Catheter | Pg. 669-670 NG 29-2 |
| | Blood Glucose (discuss) | Pg. 673 NG 29-3 |
| | | Pg. 674 NG 29-4 |
| | | Pg. 676 NG 29-5 |
| | | Pg. 679-692 |
| | | 19.072 |
| | | Ch. 32 Pg. 768 NG 32-3 |
| | | Pg. 775-777 |
| | | Ch. 33 Pg. 790-794 |
| March | Spring break | Cii. 55 i g. 170 174 |
| 16-20 | Spring break | |
| March | Medication Administration to include Oral, Sublingual, | Timby |
| 23-27 | - | - |
| $\frac{23-27}{3/30}$ – | Buccal, Eye drops, Ear Drops, nasals | Ch. 32 Pg. 772-774 |
| $\frac{3}{30} = \frac{4}{3}$ | Medication Administration Topicals, Vaginal, Rectal, | Timby Ch. 33 |
| 4/3 | Meter-dosed inhalers, nebulizer | Pg. 780 NG 33-1 |
| | | Pg. 781 NG 33-2 |
| | | Pg. 784 CFT 33-1 |
| | | Pg. 786 CFT 33-2 |
| | | Ch.31 |
| | | Pg. 743-750 |
| April | Intravenous and Injectable administrations | Timby |
| 6-10 | | Ch. 34 |
| | | pg 799—800 NG 34-1 and |
| | | 34-2 |
| | | Pg. 805 NG 34-3 |
| | | Pg. 810 NG 34-4 |
| | | Pg. 813-819 |
| | | Ch 35 |
| | | pg. 823 NG 35-1 |
| | | pg. 831-840 |
| | | |
| | | |
| April | Ostomy Care | Timby |
| 13-17 | Post-Mortem Care | Ch 31 pg. 750-756 |
| | (Open Lab for Practice of Any Skill) | Ch. 38 pg. 888-889 |

| April 20-24 | Trach Care, Suction, Oral Airway, Oxygen Administration, Chest Tubes | Timby Ch. 21 |
|----------------|---|--------------------|
| | | Pg. 480-487 |
| | | Ch. 36 |
| | | Pg. 850 NG 36-2 |
| | | Pg. 854-860 |
| 4/27 – | Cast Care, Sling Care, Traction | Timby |
| 5/1 | (Open Lab for Practice of Any Skill) | Ch. 25 |
| | | Pg. 566 Box 25-1 |
| | | Pg. 569-581 |
| | | Ch. 26 pg. 596-604 |
| | | |
| | | |
| May 4-8 | Skills Competency Testing | |

Virginia Western Community College

Practical Nursing Program

PNE 193

NURSING SKILLS

March 9, 2020

I have read and agree to abide by all written material in this Final Course Syllabus.

Printed Name ______

Full Legal Signature _____