

Virginia Western Community College

NSG 210

Health Care Concepts I

Semester 3

Prerequisites: BIO 150: Introductory Microbiology or BIO 205: General Microbiology; NSG 152: Health Care Participant; NSG 170: Health-Illness Concepts

Co-requisites: NSG 211: Health Care Concepts II.

Pre/co requisites: ENG 112: College Composition II; or HLT 230: Principles of Nutrition and Human Development, or SOC 200: Principles of Sociology

Course Description

Focuses on care of clients across the lifespan in multiple settings including concepts related to physiological health alterations and reproduction. Emphasizes the nursing process in the development of clinical judgment for clients with multiple needs. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or simulated environments. Part I of II.

Lecture 3 hours. Laboratory 6 hours. Total 9 hours per week.

Semester Credits: 5

Lecture Hours: 3

Lab/Clinical/Internship Hours: 6

Required Materials

Textbooks:

CoursePoint Premium first year access code. **ISBN: 9781975115852**

Brunner & Suddarth's Text of Medical-Surgical Nursing. Hinkle, Janice L. 14th Edition.

ISBN: 9781496355157

Taylor *Fundamentals of Nursing* 9e - 9781496362179

Maternity & Pediatric Nursing. Ricci, Susan S. 3rd Edition. ISBN: 9781451194005

Focus on Nursing Pharmacology. Karch. 8e - 9781975100964

Psychiatric Mental Health Nursing. Videbeck. 8e - 9781975116378

Essentials of Pathophysiology. Porth. 5th edition - 9781975107192

Health Assessment in Nursing. Weber, Janet R. & Kelley, Jane H. 6th Edition. ISBN: 9781496344380

Leadership Roles and Management Functions in Nursing. Marquis. 10th edition - 9781975139216

vSim for Maternity/Pediatrics. Lippincott. ISBN: 9781496327819

Supplementary Materials:

Kaplan Resources

Virtual simulation/ clinical resources as needed to complete the clinical course components

Course Student Learning Outcomes

Upon completing the course, the student will be able to:

1. Apply principles of patient-centered care across the lifespan.
2. Incorporate factors for improvement of client safety for clients across the lifespan.
3. Apply the nursing process, evidence based care and clinical reasoning in making clinical

- judgments related to reproduction, addiction, clotting, metabolism, gas exchange, perfusion and mobility.
4. Incorporate legal/ethical principles and professional nursing standards in the care of patients across the lifespan.
 5. Examine the impact of quality improvement processes, information technology and fiscal resources in the provision of nursing care.
 6. Participate as a member of the health care team in the delivery of nursing care across the lifespan.

Topical Description

Major topics to be included:

1. Reproduction Concept:

Reproduction principles
 Risk factors related to reproductive complications Prevention of reproductive complications
 Reproductive diagnostic testing
 Nursing process related to reproductive complications
 Pharmacological interventions: uterine stimulants, tocolytics
 Exemplars: intrapartum, postpartum, newborn assessment

2. Addiction Concept:

Addiction principles
 Risk factors related to addiction Prevention of addiction
 Addiction diagnostic testing
 Nursing Process related to addiction
 Use of interdisciplinary team in delivery of health care
 Pharmacological interventions: medications for addiction
 Exemplars: alcoholism, substance abuse, prenatal substance abuse

2. Clotting Concept:

Clotting principles
 Risk factors related to altered clotting
 Prevention of altered clotting
 Clotting diagnostic testing
 Nursing process related to altered clotting
 Pharmacological interventions: anti-coagulants, anti-platelets
 Exemplars: Deep Vein Thrombosis (DVT), disseminated intravascular coagulation, HELLP Syndrome

3. Metabolism Concept:

Metabolism principles
 Risk factors related to altered metabolism
 Prevention of altered metabolism
 Metabolism diagnostic testing
 Nursing process related to altered metabolism
 Pharmacological interventions: thyroid and anti-thyroid drugs, adrenal drugs, pituitary drugs
 Exemplars: thyroid dysfunction, adrenocortical dysfunction, pituitary dysfunction

4. Gas Exchange Concept:

Gas exchange principles
Risk factors related to altered gas exchange
Prevention of altered gas exchange
Gas exchange diagnostic testing
Nursing Process related to altered gas exchange Pharmacological interventions: anti-tubercular drugs
Exemplars: tuberculosis, cystic fibrosis (pediatric)

5. Perfusion Concept:

Perfusion principles
Risk factors related to perfusion alterations Prevention of perfusion alterations
Perfusion diagnostic testing
Nursing process related to perfusion alterations
Pharmacological interventions: anti-anginal, anti-lipemic, cardiac glycosides
Exemplars: coronary artery disease, congestive heart failure

6. Mobility Concept:

Mobility principles
Risk factors related to mobility alterations Prevention of mobility alterations
Mobility diagnostic testing
Nursing process related to mobility alterations
Pharmacological interventions: biphosphonates,
Selective estrogen receptor modulators, muscle relaxants
Exemplars: fractures, osteoporosis, osteoarthritis, hip and knee replacement, hip dysplasia (infant),
multiple sclerosis

Note to Instructors