

Virginia Western Community College

SDV 101

Public Service

Prerequisites

None

Course Description

Introduces students to the skills that are necessary to achieve their academic goals, to services offered at the college and to the discipline in which they are enrolled. Covers topics such as services at the college including the learning resources center; counseling, and advising; listening, test taking, and study skills; and topical areas that are applicable to their particular discipline.

This course will assist students in developing a greater understanding of options and expectations within their chosen field of study. The course also helps students to achieve their educational goals by addressing both the academic and personal/social skills necessary for college success. It will cover topics such as communication skills, mindfulness, preparation skills; substance abuse, culture/diversity, financial management, and personal growth and development. Finally, the course will acquaint students with the college's available services and resources that enhance students' success. Lecture 1 hour per week.

Semester Credits: 2

Lecture Hours: 2

Required Materials

1. Internet Access
2. Blackboard
3. Composition Journal

Textbook:

Goldstein, Elisha; *The Now Effect*; Atria Book. ISBN: 9781451623895.

The following supplementary materials are available:

Student Handbook

Other Required Materials:

None

Course Outcomes

At the completion of this course, the student should be able to:

VWCC Required Outcomes:

- **Budgeting and Financial Resource Management:** The student will be able to create and follow a basic budgeting process and understand the basics of resource management.
- **Academic Career Plan:** The student will be able to plan and structure an academic career plan that best suits their needs.
- **College Policies and Resources:** The student will be able to navigate the available VWCC resources and policies.
- **Academic Skills:** The student will identify the skills necessary to be successful in his/her academic program.
- **Life Management:** The student will demonstrate understanding of life management and help student borrowers understand how to manage their debt and repay their loans
- **Social/Interpersonal:** The student will demonstrate understanding of social interactions.
- **Wellness:** The student will demonstrate understanding of healthy life decisions

Public Service Specific Outcomes:

- The student will identify career options within their chosen field, and personal qualities and skills that are imperative within their program of study
- The student will identify and articulate potential careers based on their interests, values and abilities.
- The student will select or confirm their preferred program of study based on their career exploration.
- The student will articulate the step(s) they need to take in order to achieve their career goal(s)
- Identify and articulate elements of a professional personal presentation

Topical Description

None

Notes to Instructors

None

