

# Virginia Western Community College

## HMS 280

### Understanding Serious Mental Illness

#### **Prerequisites**

None

#### **Course Description**

Provides an overview of current information about serious and persistent mental illnesses and their treatment. Includes a particular focus on relapse prevention and recovery.

**Semester Credits: 3**

**Lecture Hours: 3**

#### **Required Materials**

1. Textbook
2. Internet access
3. Blackboard

#### **Textbook:**

Walsh, J.; *Clinical Case Management with Persons Having Mental Illness: A Relationship-Based Perspective*. Brooks/Cole, 6<sup>th</sup> ed., 2000. ISBN #9780534348526

#### **Other Required Materials:**

None

## **Course Outcomes**

**At the completion of this course, the student should be able to:**

- Demonstrate an understanding of the role of case manager.
- Demonstrate understanding of the social and policy factors impacting mental illness.
- Demonstrate understanding of case management theory.
- Identify strategies for working with persons with schizophrenia, bipolar disorder and major depressive disorder.
- Identify strategies for working with families of persons who have mental illness.

## **Topical Description**

1	Introduction to Case Management
2	The Policy Context of Case Management
3	Case Management Theory
4	Working with individuals including persons with Schizophrenia, Bipolar Disorder and Major Depression
5	Case Management and Psychotropic Medications
6	Working with families

## **Notes to Instructors**

None