

Virginia Western Community College

NUR 27

Nursing Assistant

Prerequisites

None

Course Description

Teaches care of older patients with emphasis on the social, emotional, and spiritual needs. Covers procedures; communication and interpersonal relations; observation, charting and reporting; safety and infection control; anatomy and physiology; personal care, nutrition and patient feeding; death and dying. May include laboratory or clinical hours.

Semester Credits: 4

Lecture Hours: 3

Lab/Clinical/Internship Hours: 3

Required Materials

Textbook:

Essentials for Nursing Assistants. Carter, Pamela J., 3rd Edition. Lippincott. ISBN: 80781779098

Course Outcomes

At the completion of this course, the student should be able to:

- Discuss health care systems.
- Discuss health care organization.
- Discuss patient, resident, and client rights.
- Discuss oversight of the health care system.
- Discuss communication skills
- Discuss growth and development.
- Discuss basic human needs as related to growth and development and culture.
- Discuss and demonstrate care of the resident's environment.
- Discuss and demonstrate aspects of infection control.
- Discuss and demonstrate the procedures for assessing, reporting, and recording vital signs, height, and weight.
- Discuss and demonstrate appropriate body mechanics when performing selected skills
- Discuss and demonstrate selected procedures related to client hygiene.

- Demonstrate the technique for making an occupied and an unoccupied bed.
- Discuss and demonstrate certain topics and procedures related to nutrition and elimination.
- Discuss death and dying.
- Discuss and demonstrate basic first aid and emergency care.

Topical Description

Unit 1: The Nurse Aide in Long Term Care

- The Nursing Assistant's Job
- Virginia Board of Nursing Guidance Document

Unit 2: Communication and Interpersonal Skills

- Communication Skills

Unit 3: Infection Control

- Infection Control

Unit 4: Safety

- Workplace Safety
- Patient and Resident Safety
- Basic First and Emergency Care

Unit 6: Client Rights

- The Nursing Assistant's Role
- Those We Care For

Unit 7: Basic Skills

- The Patient's and Resident's Environment
- Bed Making
- Measuring and Recording Vital Signs and Height and Weight
- Assisting with Nutrition

Unit 8: Personal Care Skills

- Assisting with Hygiene
- Assisting with Grooming
- Assisting with Urinary Elimination
- Assisting with Bowel Elimination
- Assisting with Exercise

Unit 5: Emergency Measures

- Basic First Aid and Emergency Care

Note to Instructors