Virginia Western Community College PNE 155 Body Structure and Function

Prerequisites

None

Course Description

Studies the structure and function of the body.

Semester Credits: 4 Lecture Hours: 4 Lab/Clinical/Internship Hours: 0

Required Materials

Textbook:

Henke's Med-Math Dosage Calculation, Preparation and Administration. Buchholz, Susan. (2016). 8th Edition. Lippincott, Williams, & Wilkins. ISBN: 9781496302847

Human Form/Human Function. McConnell, Thomas H. & Hull, Kelly L. (2011). Wolters Kluwer / Lippincott Williams & Wilkins. ISBN: 9780781780209

Study Guide to Accompany Human Form/Human Function. McConnell, Thomas H. & Hull, Kelly L. (2011). Wolters Kluwer/Lippincott Williams, & Wilkins. ISBN: 9780781780209

Supplementary Materials:

The Point PrepU

Course Outcomes

At the completion of this course, the student should be able to:

- Discuss the structural foundation of the body and its ability to function, integrating the levels of organization
- Discuss the organizational and functional aspects of cell and tissue organization

• List the major organs of the body and discuss how they function within each system.

• Discuss the structure and function of each of the following body systems:

Integumentary System and Body Membranes

Skeletal System

Muscular System

Nervous System and the Senses

Endocrine System

Blood and Lymphatic Systems

Cardiovascular System

Respiratory System

Digestive System

Urinary System

Reproductive System

Topical Description

I: Form, Function and Life

- Form, Function, and Life
- The Building Blocks of Life
- Life and the External Environment
- Life and Gradients
- Homeostasis
- The Language of Form and Function
- The Language of Disease

II: Chemistry of Context: The Molecules of Life

- The Elements of Life
- The Form and Function of Atoms
- Chemical Bonds
- The Chemistry of Living Things

III: Cells and Tissues

- The Cell Membrane
- Cell Organelles
- Cell Reproduction and Differentiation
- Cell Specialization
- Exchange of Substances across the Cell Membrane
- Tissue Types

IV: Communication: Chemical and Electrical Signaling

- The Nature of Communication
- Chemical Signaling
- Electrical Signaling

V: Skin, Membranes and Other Barriers to the Environment

- The Function of Skin
- The Anatomy of Skin and Associated Structures
- Healing of Skin Wounds
- Environmental Barriers Other than Skin

VI: Bones and Joints

- Bones and Bone Tissues
- Joints
- The Anatomy of Bones and Joints: The Axial Skeleton
- The Anatomy of Bones and Joints: The Appendicular Skeleton

VII: Muscles

- Overview of Muscles
- Structure of Skeletal Muscle Tissue
- Skeletal Muscle Contraction
- Muscle Energy
- The Mechanics of Muscle Contraction
- Smooth Muscle
- Skeletal Muscle Actions
- The Major Skeletal Muscles

VIII: Nervous System

- Overview of the Nervous System
- Nervous System Cells and Tissues
- Protection of the Nervous System
- The Brain and Cranial Nerves
- The Spinal Cord and Spinal Nerves
- The Autonomic Nervous System
- Pathways of Neural Function

IX: Sensations: The Somatic and Special Senses

- Sensing and Sensation
- Somatic Senses
- Taste
- Smell
- The Ear and Hearing
- The Inner Ear and Equilibrium
- Vision

X: Blood

- Overview of Blood
- Leukocytes, Inflammation, and Immunity
- Erythrocytes and Oxygen Transport
- Platelets
- Hemostasis
- Blood Groups and Transfusion

XI: The Cardiovascular System

- The Organization of the Cardiovascular System
- Structure and Function of the Heart
- The Heartbeat
- Cardiac Output
- Structure and Function of Blood Vessels
- Blood Flow and Blood Pressure
- The Major Blood Vessels

XII: The Immune and Lymphatic Systems

- Functions of the Immune and Lymphatic Systems
- An Integrated View of Body Defenses

XIII: The Respiratory System

- Overview of Respiration
- The Anatomy of the Air Pathway
- Pulmonary Ventilation
- Gas Exchange and Transport
- The Control of Respiration

XIV: The Digestive System

- Nutrients
- Overview of the Digestive System
- The Mouth and Associated Structures
- The Pharynx and Esophagus
- The Stomach
- The Small Intestine, Liver, and Pancreas
- The Large Intestine
- Regulation of Gastrointestinal Function

XV: Metabolism and Endocrine Control

- The Generation of Energy
- The Role of the Liver in Metabolism
- Energy Balance
- Regulation of Body Temperature
- The Endocrine Pancreas

XVI: The Urinary System and Body Fluids

- Body Fluid Compartments and Electrolytes
- Overview of the Urinary System
- The Production of Urine
- Electrolyte and Water Balance
- Acid-Base Balance

XVII: The Reproductive System

- Anatomy of the Male Reproductive System
- Testicular Function
- Anatomy of the Female Reproductive System
- The Female Reproductive Cycle
- Sexual Behavior
- The Breasts
- Fertilization and Embryonic and Fetal Development
- Pregnancy Changes Maternal Form and Function
- Parturition
- Abortion and Contraception

XVIII: Life

- Genetics, Inheritance, and Life
- Stages of Life
- Aging and the Decline of Body Function
- Stress
- Exercise
- Life and Death

Note to Instructors