

Virginia Western Community College

NUR 247

Psychiatric/Mental Health Nursing

Prerequisite(s) NUR 112 and NUR 230. **Corequisite(s)**: NUR 211 and NUR 245.

Pre/Corequisite(s): ENG 111.

Course Description

Develops nursing skills in caring for individuals, families, and/or groups with mental health needs. Explores various treatment models, diagnostic categories, and rehabilitative measures. Nursing skills are patient centered and evidence based.

Semester Credits: 3

Lecture Hours: 2

Lab/Clinical/Internship Hours: 3

Required Materials

Required Texts and Other References

Videbeck, Sheila L. (2013). *Psychiatric-Mental Health Nursing*. (6th edition). Philadelphia, PA: Lippincott Williams & Wilkins. ISBN 978-1-4511-8789-2

Videbeck, Sheila L. *PrepU for Videbeck's Psychiatric Mental Health Nursing*. ISBN: 9781496350015.

Kalpan's content review will be incorporated into this course.

Course Objectives

After completion of this course, the student will be able to:

- **Critical thinking:** Describe the basic concepts of mental health nursing across the lifespan in terms of delivery of patient care, critical thinking, the nursing process, health promotion, and current issues in mental health nursing.
- **Teamwork:** Discuss the psychosocial theories related to mental illness, psychopharmacology, and various treatment settings.
- **Informatics:** Describe aspects of the interdisciplinary team in mental health care using both electronic documentation and verbal communication to provide evidence based, patient-centered- care throughout the lifespan.
- **Patient centered care:** Understand the concepts of therapeutic relationships and therapeutic communication in order to explain their impact on patient-centered care and safety.
- **Evidence based practice:** Describe the patient's response to illness and correlating assessment strategies of selected mental illnesses incorporating evidenced-based practice with symptom management
- **Culture:** Discuss legal and ethical issues and cultural factors related to mentally ill populations across the lifespan.
- **Safety:** Discuss and identify aspects of child, elder, domestic, and sexual abuse.

Topical Description

Unit 1: Current Theories and Practice

- Chapter 1: Foundations of Psychiatric-Mental Health Nursing
- Chapter 2: Neurobiological Theories and Psychopharmacology
- Chapter 3: Psychosocial Theories and Therapy
- Chapter 4: Treatment Settings and Therapeutic Programs

Unit 2: Building the Nurse-Client Relationship

- Chapter 5: Therapeutic Relationships
- Chapter 6: Therapeutic Communication
- Chapter 7: Client's Response to Illness
- Chapter 8: Assessment

Unit 3: Current Social and Emotional Concerns

- Chapter 9: Legal and Ethical Issues
- Chapter 10: Grief and Loss
- Chapter 11: Anger, Hostility, and Aggression
- Chapter 12: Abuse and Violence

Unit 4: Nursing Practice for Psychiatric Disorders

- Chapter 13: Trauma and Stressor-Related Disorders
- Chapter 14: Anxiety and Anxiety Disorders
- Chapter 15: Obsessive-Compulsive and Related Disorders
- Chapter 16: Schizophrenia
- Chapter 17: Mood Disorders and Suicide
- Chapter 18: Personality Disorders
- Chapter 19: Addiction
- Chapter 20: Eating Disorders
- Chapter 21: Somatic Symptom Illnesses
- Chapter 22: Neurodevelopmental Disorders
- Chapter 23: Disruptive Behavior Disorders
- Chapter 24: Cognitive Disorders

Note to Instructors