

Revised: 2016

HLT 198

Topical Seminar in Health

COURSE OUTLINE

Prerequisites: None

Course Description:

Requires completion of projects related to the student's educational and occupational objectives in nutrition and dietetics including a study of approaches to the selection and pursuit of career opportunities in the field. Lecture 1 hour per week.

Semester Credits: 1 Lecture Hours: 1

VIRGINIA WESTERN COMMUNITY COLLEGE
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Course Outcomes:

- Explore careers in nutrition and dietetics
- Identify steps to becoming a nutrition and dietetic professional, including coursework, and educational and professional requirements
- Utilize VA Education Wizard to identify interests, values and abilities
- Distinguish between university parallel/transfer and applied programs
- Develop an academic plan
- Be able to read, interpret and apply scientific knowledge
- Introduced to non-traditional practice settings
- Introduction to organizational leadership or project management
- Explore other communities and cultures as they relate to health education
- Use MyPlate.gov to plan and prepare a dish that fits within the US Dietary Guidelines
- Communicate health messages to a wide variety of groups and settings
- Exposure to professional communication and interpersonal competencies

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Required Materials:

Textbook:

None

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Notes to Instructors

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