

Revised: Fall 2016

# NUR 27 NURSING ASSISTANT

## COURSE OUTLINE

### Prerequisites:

### Course Description:

**NUR 27 - Nurse Aide I** Teaches care of older patients with emphasis on the social, emotional, and spiritual needs. Covers procedures; communication and interpersonal relations; observation, charting and reporting; safety and infection control; anatomy and physiology; personal care, nutrition and patient feeding; death and dying. May include laboratory or clinical hours.

**Semester Credits: 4 Lecture Hours: 3 Lab/Recitation Hours: 3**

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# **NUR 27**

## **NURSING ASSISTANT**

### **Course Outcomes**

At the completion of this course, the student should be able to:

1. Discuss health care systems.
2. Discuss health care organization.
3. Discuss patient, resident, and client rights.
4. Discuss oversight of the health care system.
5. Discuss communication skills
6. Discuss growth and development.
7. Discuss basic human needs as related to growth and development and culture.
8. Discuss and demonstrate care of the resident's environment.
9. Discuss and demonstrate aspects of infection control.
10. Discuss and demonstrate the procedures for assessing, reporting, and recording vital signs, height, and weight.
11. Discuss and demonstrate appropriate body mechanics when performing selected skills
12. Discuss and demonstrate selected procedures related to client hygiene.
13. Demonstrate the technique for making an occupied and an unoccupied bed.
14. Discuss and demonstrate certain topics and procedures related to nutrition and elimination.
15. Discuss death and dying.
16. Discuss and demonstrate basic first aid and emergency care.

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Required Materials:

NONE

Textbook:

Carter, Pamela J., 3rd. ed. Lippincott's Essentials for Nursing Assistants. ISBN 8-0-7817-7909-8

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# NUR 27

## NURSING ASSISTANT

### Topical Description:

- Unit 1 The Nurse Aide in Long Term Care
  - Chapter 2 The Nursing Assistant's Job
  - Virginia Board of Nursing Guidance Document 90-55
- Unit 2 Communication and Interpersonal Skills
  - Chapter 4 – Communication Skills
- Unit 3 Infection Control
  - Chapter 10 – Infection Control
- Unit 4 Safety
  - Chapter 11 – Workplace Safety
  - Chapter 12 – Patient and Resident Safety
  - Chapter 13 – Basic First and Emergency Care
- Unit 6 Client Rights
  - Chapter 2 – The Nursing Assistant's Role (pp 31-42)
  - Chapter 5 – Those We Care For
- Unit 7 Basic Skills
  - Chapter 6 – The Patient's and Resident's Environment
  - Chapter 16- Bed Making
  - Chapter 17 – Measuring and Recording Vital Signs and Height and Weight
  - Chapter 21 – Assisting With Nutrition
- Unit 8 Personal Care Skills
  - Chapter 18 – Assisting With Hygiene
  - Chapter 20 – Assisting With Grooming
  - Chapter 22 – Assisting With Urinary Elimination
  - Chapter 23 – Assisting With Bowel Elimination
  - Chapter 15 – Assisting With Exercise
- Unit 5 Emergency Measures
  - Chapter 13 – Basic first Aid and Emergency Care

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