

# Virginia Western Community College

## PNG 120

### Patient-Centered Care I

#### **Prerequisites**

PNG 110, PNG 115

#### **Course Description**

Provides an overview of the general concepts to implement with a more diverse patient-centered population, with an increase in scope of care needs. Introduces the concepts of anxiety, nutrition, elimination, infection, gas exchange, pain, sexuality, and reproduction with specific focus on the role of the practical nurse.

**Semester Credits: 3**

**Lecture Hours: 2**

**Lab/Clinical/Internship Hours: 3**

#### **Required Materials**

##### **Textbook:**

Title. Author. Edition. ISBN:

##### **Supplementary Materials:**

#### **Course Outcomes**

**At the completion of this course, the student should be able to:**

- Analyze the concepts of anxiety, nutrition, elimination, infection, gas exchange, and pain
- Identify the role of the practical nurse when caring for a patient with an uncomplicated pregnancy
- Describe the role of the practical nurse in health promotion
- Demonstrate physical assessment skills within the practical nurse's scope of practice
- Demonstrate nursing skills for safe, evidence-based practice related to elimination, gas exchange, and infection control
- Demonstrate safe, evidence-based medication administration skills

## **Topical Description**

### Anxiety

- Assessment of anxiety
- Nursing care to control anxiety across the lifespan
- Medications and other prescriptions or treatment modalities
- Exemplar: Acute stress disorders (PTSD), generalized anxiety disorder
- Level: Introduce

### Nutrition

- Normal nutrition across the lifespan
- Nutritional assessment
- Exemplar: Malnutrition, obesity, eating disorders, hyperlipidemia
- Level: Introduce

### Elimination

- Normal assessment data across the lifespan
- Elimination assessment and care planning
- Medications and other prescriptions or treatment modalities
- Exemplar: Incontinence (bowel and urinary), constipation, prostate issues
- Level: Introduce

### Infection

- Risk factors for infection
- Nursing care to prevent infections
- Medications and other prescriptions or treatment modalities
- Exemplar: Pneumonia, cellulitis, wound infections, urinary tract infections
- Level: Introduce

### Gas Exchange

- Normal assessment data across the lifespan
- Respiratory assessment and care planning
- Medications and other prescriptions or treatment modalities for ventilation
- Exemplar: Smoking cessation, acute respiratory distress, tuberculosis
- Level: Introduce

### Pain

- Assessment across the lifespan
- Medication and other prescriptions or treatment modalities
- Exemplar: Acute pain, chronic pain, palliative care
- Level: Introduce

Sexuality

- Gender expectations of culture
- Sexuality across the life span
- Medication and other prescriptions or treatment modalities
- Exemplar: Puberty, menopause, sexually transmitted diseases
- Level: Introduce

Reproduction

- Assessment and care of the child-bearing family
- Medication and other prescriptions or treatment modalities
- Exemplar: Contraception, uncomplicated pregnancy, labor and delivery, post-partum care, newborn care
- Level: Introduce

Health Promotion

- Role of the practical nurse in promoting health across the lifespan
- Alternative treatment modalities
- Exemplar: Prenatal and well childcare, injury prevention, obesity management, non-pharmacologic pain management strategies
- Level: Introduce

Laboratory

- Clinical Judgement
- Infection
- Safety
- Elimination
- Reproduction

Note to Instructors