

Virginia Western Community College

HMS 251

Substance Abuse I

Prerequisites

None

Course Description

Provides knowledge, skills, and insight for working in drug and alcohol abuse programs. Emphasizes personal growth and client growth measures in helping relationships. Stresses various methods of individual and group techniques for helping the substance abuser.

Semester Credits: 3

Lecture Hours: 3

Required Materials

1. Textbook
2. Internet access
3. Blackboard

Textbook:

Van Wormer, K., Davis, D. (2013) *Addiction Treatment: A Strengths Perspective*, 3rd ed.
ISBN: 9780840029164

Other Required Materials:

None

Course Outcomes

At the completion of this course, the student should be able to:

- Demonstrate an understanding of the nature of addiction.
- Demonstrate understanding of historical perspectives on addiction.
- Discuss public policy issues related to addiction.
- Identify and demonstrate understanding of biological aspects of addiction.
- Identify and demonstrate understanding of psychological aspects of addiction.
- Identify and demonstrate understanding of social aspects of addiction.
- Demonstrate understanding of substance abuse treatment approaches.

Topical Description

1	Part 1: Introduction <ul style="list-style-type: none"> o The Nature of Addiction o Historical Perspectives o Strengths-Based Helping Strategies
2	Part 2: The Biology of Addiction <ul style="list-style-type: none"> o Substance Misuse, Dependence and the Body o Interventions Related to Biology
3	Part 3: The Psychology of Addiction <ul style="list-style-type: none"> o Addiction Across the Life Span o Eating Disorders, Gambling, Shopping and Other Behavioral Addictions o Substance Misuse with a Coexisting Disorder or Disability
4	Part 4: Social Aspects of Addiction <ul style="list-style-type: none"> o Family Risks and Resiliencies o Racial, Ethnic, and Cultural Issues o Gender and Sexual Orientation Differences o Mutual-Help Groups: A Strengths Perspective o Public Policy

Notes to Instructors

None