

Virginia Western Community College

HMS 226

Helping Across Cultures

Prerequisites

None

Course Description

Provides an historical overview of selected cultural and racial groups. Promotes understanding of group differences and the impact on counseling services.

Semester Credits: 3

Lecture Hours: 3

Required Materials

1. Textbook
2. Internet access
3. Blackboard

Textbook:

Addressing Cultural Complexities in Practice: Assessment, Diagnosis, and Therapy 2nd ed; American Psychological Association. ISBN# 9781433802195

Other Required Materials:

None

Course Outcomes

At the completion of this course, the student should be able to:

- Identify Treatment Options for People from Various Groups
- Identify Stereotypes of Various Groups
- Identify Minority Groups and their Place in History

Topical Description

1	Minority Groups
2	History of Minority Groups
3	Treatment Options
4	Stereotypes

Notes to Instructors

None