

# Virginia Western Community College

## PED 124

### Tennis II

#### **Prerequisites**

None

#### **Course Description**

Teaches tennis skills with emphasis on stroke development and strategies for individual and team play. Includes rules, scoring, terminology, and etiquette. Part II of II. (VCCS MCR Description)

A course for the student with a basic working knowledge and play or the more advanced player of tennis. Students should expect greater skill and strategy development of the game. (Added by Instructor)

**Semester Credits: 1**

**Lecture Hours: 0**

**Lab/Clinical/Internship Hours: 2**

#### **Required Materials**

##### **Textbook:**

None

##### **Other Required Materials:**

Student is required to provide two cans of tennis balls at the beginning of the course  
Tennis racquets are provided but students are encouraged to bring their own

#### **Course Outcomes**

**At the completion of this course, the student should be able to:**

- Demonstrate through singles and doubles, the rules of the game.
- Develop a greater ability to use game strategies
- Develop a working understanding of team play
- Develop more advanced skills of play

**Topical Description**

1	Introduction: Refresh Basics of the Sport <ul style="list-style-type: none"><li>• Rules of the Game</li><li>• Etiquette</li><li>• Singles Play</li><li>• Doubles play</li><li>• Terminology</li><li>• Court Boundaries and Lines</li></ul>
2	Individual Skills <ul style="list-style-type: none"><li>• Grips</li><li>• Serves</li><li>• Strokes</li></ul>
3	Strategies <ul style="list-style-type: none"><li>• Net Play</li><li>• Ball Placement</li><li>• Topspin</li></ul>

**Note to Instructors**