

# Virginia Western Community College

## SDV 108

### College Success Skills

#### **Prerequisites**

None

#### **Course Description**

This course will assist students in establishing a connection with the college using a small group format to acquaint students with other students and with policies and programs of the college. The course also helps students to achieve their educational goals by addressing both the academic and personal/social skills necessary for college success. It will covers topics such as listening, test taking, and study skills; substance abuse, diversity, financial management, and personal growth and development. Finally the course will acquaint students with the college's available services and resources that enhance students' success. Lecture 1 hour per week.

**Semester Credits: 1**

**Lecture Hours: 1**

#### **Required Materials**

1. Internet Access
2. Blackboard

**The following supplementary materials are available:**

Student Handbook

**Other Required Materials:**

None

## **Course Outcomes**

**At the completion of this course, the student should be able to:**

**A.** The student will be familiar with the contents of the college catalog, including the following specific information:

- programs of studies offered by the college
- requirements for graduation
- GPA calculation
- admission policies
- academic regulations

**B.** The student will be able to successfully navigate the PeopleSoft computer system in order to accomplish various tasks (i.e., registering for classes, printing a class schedule, running a degree progress report, etc.)

**C.** The student will be familiar with the services available to them on the Virginia Western Community College campus and how to access these services.

**D.** The student will be able to list, describe, and demonstrate specific methods to:

- learning styles
- time management
- preparing for and taking tests
- note taking skills
- career planning

**E.** The student will have a better understanding of social and personal issues that affect college success including health concerns, substance abuse, financial management, ethics, and interpersonal relationships.

**F.** The student will learn by using small group activities how to more effectively communicate and interact with other students, counselors, and faculty.

## **Topical Description**

None

## **Notes to Instructors**