

# Virginia Western Community College

## PSY 270

### Human Sexuality

#### **Prerequisites**

PSY 200

#### **Course Description**

This course invites students to study the scientific investigation of human sexuality, as well as the psychological and social implications of such research. This course examines socio-cultural influences, the physiology and psychology of sexual response patterns, sexual dysfunctions, and development of relationships.

**Semester Credits: 3**

**Lecture Hours: 3**

#### **Required Materials**

1. Textbook
2. Internet access
3. Blackboard

#### **Textbook:**

Carroll, J. L. (2016). *Sexuality now: Embracing diversity* (5th ed.). Belmont, CA: Wadsworth/Thomson Learning. ISBN- 978-1-305-69786-7

#### **Other Required Materials:**

MindTap (may be required by the instructor)

## **Course Outcomes**

**At the completion of this course, the student should be able to:**

- Analyze historical and contemporary theoretical perspectives and practical applications of the body of research on human sexuality.
- Practice self-reflexivity exercises that stimulate evaluation of personal belief systems and attitudes toward sexuality and gender in light of contemporary interdisciplinary research and writings on human sexuality.
- Examine how diverse sexual belief systems created by intersections of race, ethnicity, class, gender, sexual orientation, religion, ability, and nation influence the expression of human sexuality in families, intimate relationships, and societies.
- Apply knowledge gained from contemporary psychological research and online resources to case studies handled by helping professionals and to debate controversial issues related to sexual practices and ethics, biotechnology, and their impact on the development of individuals and families across the world.

## **Topical Description**

1	Sexuality in Historical and Cross-Cultural Perspectives
2	Theories and Methods in Sex Research
3	Female and Male Sexual Reproductive System
4	Pregnancy and Birth
5	Gender Development, Roles, and Identity Gender
6	Childhood and Adolescent Sexuality
7	Adult Sexual Relationships
8	Sexual Orientation
9	Sexual Expression: Arousal and Response
10	Contraception Methods, Safer Sex, STIS & HIV/AIDS, Health Self-Exams
11	Love and Intimacy, Communication and Sexuality

## **Notes to Instructors**

None