

Virginia Western Community College

PSY 225

Theories of Personality

Prerequisites

PSY 200, 201 or 202

Course Description

Studies the major personality theories and their applications. Includes psychodynamic, behavioral, cognitive, and humanistic perspectives.

Semester Credits: 3

Lecture Hours: 3

Required Materials

1. Textbook
2. Internet access
3. Blackboard

Textbook:

Engler, B., *Personality Theories*. Belmont: Wadsworth/Cengage Learning, 9th ed., 2014. ISBN: 978-1-285-08881-5

Other Required Materials:

Online Study Guide for Engler's Personality Theories (ISBN: 9780547148410) **(optional)**

Course Outcomes

At the completion of this course, the student should be able to:

- Understand the major theories of personality, their strengths and weaknesses.
- Describe and differentiate between the major personality theories.
- Define and apply key personality concepts, terms and theories.
- Recognize and evaluate how research methodology is used and helps us understand personality, factors that influence personality development, and theories of personality.
- Apply theories and acquired insight to describe and explain personality theory in action in various situations and cases.

Topical Description

1	What is Personality?
2	Evaluation of Personality Theory-How is Personality Studied and Assessed?
3	The Psychoanalytic Approach
4	The Neo-Psychoanalytic Approach
5	More Recent Trends in Psychoanalytic Theory-the Ego and Object Relations
6	Behavior and Learning Theories
7	Dispositional, Trait and Biological Theories
8	Humanistic and Existential Theories
9	Cognitive and Cognitive Behavioral Theories

Notes to Instructors

None