

Virginia Western Community College

NUR 245

Maternity Newborn

Prerequisite(s): NUR 112 and NUR 230. **Corequisite(s):** NUR 211 and NUR 247.

Pre/Corequisite(s): ENG 111.

Course Description

Develops nursing skills in caring for families in the antepartum, intrapartum, and postpartum periods. Nursing skills are patient centered and evidence based.

Semester Credits: 3

Lecture Hours: 2

Lab/Clinical/Internship Hours: 3

Required Materials

Required Texts and Other References

Ricca, S., Kyle, T., and Carman, S. (2013). *Maternity and Pediatric Nursing* (3rd edition). Philadelphia, PA: Lippincott Williams & Wilkins. ISBN 978-1451194005

Ricca, S., Kyle, T., and Carman, S. *PrepU for Ricci, Kyle, and Carman's maternity and Pediatric Nursing*. ISBN: 9781496342782

Kaplan

Course Objectives

After completion of this course, the student will be able to:

- **Patient centered care:** Discuss the major concepts associated with maternal and newborn nursing including society and culture, health care barriers and health assessments, and elements of family centered care.
- **Teamwork:** Explain the importance of collaborative health teaching and discharge planning in community center care.
- **Critical thinking:** Review the changes of the anatomy of the reproductive system during fetal development.
- **Safety:** Discuss key safety concepts for nursing care during pregnancy.
- **Critical thinking:** Contrast the different stages of labor utilizing critical thinking.
- **Culture:** Describe nursing management during postpartum care for different cultures.
- **Safety:** Implement safety measures in the nursing care of the newborn.
- **Critical thinking:** Develop nursing skills to manage pregnancy at risk and pregnancy related complications.
- **Critical thinking:** Explain nursing action when caring for postpartum complications.
- **Evidence based practice:** Examine best practice skills necessary to care for newborns at risk.
- **Evidence based practice:** Describe the nursing consideration related to drug therapy, including important teaching points for each drug class used in pregnancy.
- **Informatics:** Understand and demonstrate dosage calculation and computer applications related to drug administration.

Topical Description

Unit 1:

Women's Health
A&P Review
Reproductive Issues
Breast Health
Benign Disorders

Unit 2:

Fetal Development
Maternal Adaptation
Nursing Management

Unit 3:

Labor and Delivery
Labor and Delivery Nursing
Postpartum
Nursing in Postpartum
Newborn Care

Unit 4:

Newborn Nursery Care
Pregnancy Complications
Pregnancy at Risk
Labor and Delivery at Risk

Unit 5:

Postpartum at risk
Special Needs Newborns
Newborns at Risk

Note to Instructors