

**Revised: Fall 2012
Fall 2013
Fall 2014
Fall 2015
Fall 2016**

Psy 236 Adolescent Psychology

COURSE OUTLINE

Prerequisites: None

Course Description:

Studies development of the adolescent. Investigates physical, intellectual, social, and emotional factors of the individual from late childhood to early adulthood.

Semester Credits: 3 Lecture Hours: 3

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Psy 236: Adolescent Psychology

Course Outcomes:

At the completion of this course, the student should be able to:

1. Describe adolescent development as an ongoing developmental process or set of processes, involving both continuity and change by giving examples from literature, including physical, social, cognitive, and personality development.
2. Analyze different developmental events that occur in adolescence, from the perspective of major theories of development and recognize those theories when used by others to analyze events.
3. Understand how research contributes to the understanding of adolescent development: to evaluate and use research findings.
4. Explain important developmental concepts, and be able to recognize and apply these concepts in various situations.
5. Understand the development and progression of adolescent psychopathology.

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Psy 236: Adolescent Psychology

Required Materials:

1. Text Book
2. Internet access
3. Knowledge of Blackboard

Textbook (required):

Arnett, J. (2013). *Adolescence and Emerging Adulthood: A Cultural Approach*. 5th Edition. Pearson. Boston, MA.
ISBN: 978-0-205-89249-5

The following supplementary materials are available: None

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Psy 236: Adolescent Psychology

Topical Description:

Introduction
Biological Foundations
Cognitive Foundations
Cultural Beliefs
Gender
The Self
Family Relationships
Friends and Peers
Dating, Love, and Sexuality
School
Work
Media
Adolescent Psychopathology and other Problems

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