

Revised: Fall 2012
Fall 2013
Fall 2014
Fall 2015
Fall 2016

PSY 225

Theories of Personality

COURSE OUTLINE

Prerequisites: PSY 200, 201 or 202

Course Description:

Studies the major personality theories and their applications. Includes psychodynamic, behavioral, cognitive, and humanistic perspectives.

Semester Credits: 3 Lecture Hours: 3

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PSY 225: Theories of Personality

Course Outcomes:

At the completion of this course, the student should be able to:

- Understand the major theories of personality, their strengths and weaknesses.
- Describe and differentiate between the major personality theories.
- Define and apply key personality concepts, terms and theories.
- Recognize and evaluate how research methodology is used and helps us understand personality, factors that influence personality development, and theories of personality.
- Apply theories and acquired insight to describe and explain personality theory in action in various situations and cases.

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PSY 225: Theories of Personality

Required Materials:

1. Textbook
2. Internet access
3. Blackboard

Textbook:

Engler, B., Personality Theories. Belmont: Wadsworth/Cengage Learning, 9th ed., 2014. ISBN: 978-1-285-08881-5

The following supplementary materials are available:

Online Study Guide for Engler's Personality Theories (ISBN: 9780547148410) (optional)

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PSY 225: Theories of Personality

Topical Description:

- What is Personality?
- Evaluation of Personality Theory – How is Personality Studied and Assessed?
- The Psychoanalytic Approach
- The Neo-Psychoanalytic Approach
- More Recent Trends in Psychoanalytic Theory – the Ego and Object Relations
- Behavior and Learning Theories
- Dispositional, Trait and Biological Theories
- Humanistic and Existential Theories
- Cognitive and Cognitive Behavioral Theories

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